

# List of All Chemicals

## P Ginkgo biloba (Ginkgoaceae)

### Common name(s)

Maidenhair Tree; Ginkgo

### How used

Medicinal

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Plant Part	Low PPM	High PPM	StdDev	*Reference
(+)-CATECHIN	Tissue Culture	--	--		Jim Duke's personal files.
<b>Activities (30)</b>					
ACE-Inhibitor IC50=0.155 mM/l					
ACE-Inhibitor 0.24 mg/ml rbt (weak activity)					
AntiHIV EC50=4 ug/ml					
Antiaggregant IC68=200 ug/ml					
Anticoagulant					
Anticomplementary 1/2 aspirin					
Antiinflammatory IC50=40-943 uM (cf indomethacin IC50=1 uM)					
Antimutagenic ID50=50-100 nM					Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antioxidant					
Antiperoxidant					Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiprostaglandin IC50=40-943 uM (cf indomethacin IC50=1 uM)					
Antiradicular					Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiulcer					
Beta-Adrenergic Receptor Blocker 10 uM (weak activity)					Zhu, M., Phillipson, J. D., Greengrass, P. M., Bowery, N. E., Cai, Y. 1997. Plant Polyphenols: Biologically Active Compounds or Non-Selective Binders to Protein? <i>Phytochemistry</i> , 44(3): 441-447.
COX-1-Inhibitor IC50=183-279 uM (cf indomethacin IC50=1 uM)					
COX-2-Inhibitor IC50=546-5,910 uM (cf indomethacin IC50=1 uM)					
Cancer-Preventive					Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiotonic					
Cyclooxygenase-Inhibitor					
Cytotoxic TC50=>100 ug/ml					
Dermatitogenic					Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hemostat					Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hepatoprotective					Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Immunostimulant					Economic & Medicinal Plant Research, 1: 124.
NO-Inhibitor IC11=250 uM					
Neuroprotective 1-10 uM					
Phagocytotic					Economic & Medicinal Plant Research, 1: 124.
Vasoconstrictor					Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
Xanthine-Oxidase-Inhibitor					Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
cAMP-Phosphodiesterase-Inhibitor					
(+)-CATECHIN	Leaf	--	--		Jim Duke's personal files.

### Activities (30)

ACE-Inhibitor IC50=0.155 mM/l

ACE-Inhibitor 0.24 mg/ml rbt (weak activity)

AntiHIV EC50=4 ug/ml

Antiaggregant IC68=200 ug/ml

Anticoagulant

Antiinflammatory IC50=40-943 uM (cf indomethacin IC50=1 uM)	
Antimutagenic ID50=50-100 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507. ACS, Washington 402 pp.
Antioxidant	
Antiperoxidant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiprostaglandin IC50=40-943 uM (cf indomethacin IC50=1 uM)	
Antiradicular	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiulcer	
Beta-Adrenergic Receptor Blocker 10 uM (weak activity)	Zhu, M., Phillipson, J. D., Greengrass, P. M., Bowery, N. E., Cai, Y. 1997. Plant Polyphenols: Biologically Active Compounds or Non-Selective Binders to Protein? Phytochemistry, 44(3): 441-447.
COX-1-Inhibitor IC50=183-279 uM (cf indomethacin IC50=1 uM)	
COX-2-Inhibitor IC50=546-5,910 uM (cf indomethacin IC50=1 uM)	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiotonic	
Cyclooxygenase-Inhibitor	
Cytotoxic TC50=>100 ug/ml	
Dermatitigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hemostat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hepatoprotective	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Immunostimulant	Economic & Medicinal Plant Research, 1: 124.
NO-Inhibitor IC11=250 uM	
Neuroprotective 1-10 uM	
Phagocytotic	Economic & Medicinal Plant Research, 1: 124.
Vasoconstrictor	Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
Xanthine-Oxidase-Inhibitor	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
cAMP-Phosphodiesterase-Inhibitor	

(+)-CATECHOL Leaf -- -- Jim Duke's personal files.

#### Activities (4)

Antihepatitic	Martindale's 29th
Antiseptic	
Fatal	Martindale's 29th
Pesticide	

(+)-GALLOCATECHIN Leaf -- -- Jim Duke's personal files.

#### Activities (7)

ACE-Inhibitor	
Antimutagenic	
Antinociceptive	
Antioxidant	
Antithyrotoxic	Wealth of India.
Bactericide MIC 250 ug/ml	Wealth of India.
Beta-Adrenergic Receptor Blocker 10 uM	Zhu, M., Phillipson, J. D., Greengrass, P. M., Bowery, N. E., Cai, Y. 1997. Plant Polyphenols: Biologically Active Compounds or Non-Selective Binders to Protein? Phytochemistry, 44(3): 441-447.

(+)-GALLOCATECHOL Leaf -- -- Jim Duke's personal files.

(+)-PINITOL Pollen Or Spore -- 76.0 Jim Duke's personal files.

(+)-SESAMIN Heart Wood -- -- Jim Duke's personal files.

(+)-SESAMIN Wood -- -- Jim Duke's personal files.

(-)-EPI-GALLO-CATECHOL Leaf -- -- Jim Duke's personal files.

(-)-EPICATECHIN Leaf -- -- Jim Duke's personal files.

#### Activities (38)

5-Lipoxygenase-Inhibitor IC50=22-50 uM/l

ACE-Inhibitor IC50=0.216 mM/l

TOC (weak activity)				
Allelochemical	Hanke, F. J., Natural Products as a Resource for Biologically Active Compounds, Thesis, U. Cal (Santa Cruz), 1986, 252 pp			
AntiEBV	Economic & Medicinal Plant Research, 6: 189.			
AntiHIV EC50=2 ug/ml				
Antiaggregant				
Antianaphylactic				
Antibacterial				
Antidiabetic 30 mg/kg rat				
Antihepatitic	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.			
Antihyperglycemic				
Antiinflammatory				
Antileukemic	Economic & Medicinal Plant Research, 6: 189.			
Antileukotriene				
Antilipoperoxidant				
Antimutagenic				
Antioxidant IC50=6.3 ug/ml				
Antiperoxidant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antiviral EC50=2 ug/ml				
Beta-Adrenergic Receptor Blocker 10 uM	Zhu, M., Phillipson, J. D., Greengrass, P. M., Bowery, N. E., Cai, Y. 1997. Plant Polyphenols: Biologically Active Compounds or Non-Selective Binders to Protein? Phytochemistry, 44(3): 441-447.			
COMP-Inhibitor	Dullo, A. G., et al. 1999. Efficacy of a green tea extract rich in catechin polyphenols and caffeine in increasing 24-h energy expenditure and fat oxidation in humans. Am. J. Clinical Nutrition, 70: 1040-1045.			
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Cardiotonic				
Choline-Sparing				
Cytotoxic TC50=>100 ug/ml				
Hypocholesterolemic				
Hypoglycemic				
Immunostimulant				
Insulinogenic	Economic & Medicinal Plant Research, 6: 170.			
Lipoxygenase-1-Inhibitor IC50=60 mM				
Lipoxygenase-Inhibitor IC50=140 uM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507. ACS, Washington 402 pp.			
Lipoxygenase-Inhibitor IC97=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.			
Pancreatogenic				
Pesticide				
Reverse-Transcriptase-Inhibitor 10 ng/ml	McKenna, D. J., Hughes, K., and Jones, K. 2000. Green Tea Monograph. Alternative Therapies, 6(3): 61-82.			
Vasodilator uM	McKenna, D. J., Hughes, K., and Jones, K. 2000. Green Tea Monograph. Alternative Therapies, 6(3): 61-82.			
Xanthine-Oxidase-Inhibitor IC50=>40	Hatano, T., Yasuhara, T., Yoshihara, R., Agata, I., Noro, T., and Okuda, T. 1989. Effects of Interaction of Tannins with Co-existing Substances.VII. Inhibitory Effects of Tannins Related Polyphenols on Xanthine Oxidase. Chem. Pharm. Bull. 38(5): 1224-1229			

(-)-EPICATECHOL	Leaf	--	--	Jim Duke's personal files.
(-)-EGIGALLOCATECHIN	Leaf	--	--	Jim Duke's personal files.

## Activities (21)

ACE-Inhibitor				
Aldose-Reductase-Inhibitor				
Antiacne				
Antiamoebic	Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of <i>Helianthemum glomeratum</i> . Phytotherapy Research, 13(2): 102-105.			
Antibacterial				
Anticarcinogenic				
Anticaries				
Antigiardial	Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of <i>Helianthemum glomeratum</i> . Phytotherapy Research, 13(2): 102-105.			
Antimutagenic				
Antioxidant IC50=1.4 ug/ml				
Antioxidant IC50=2.3 uM				
Antiradicular				
Antistreptococcic				
Beta-Adrenergic Receptor Blocker 10 uM	Zhu, M., Phillipson, J. D., Greengrass, P. M., Bowery, N. E., Cai, Y. 1997. Plant Polyphenols: Biologically Active Compounds or Non-Selective Binders to Protein? Phytochemistry, 44(3): 441-447.			
COMP-Inhibitor	Dullo, A. G., et al. 1999. Efficacy of a green tea extract rich in catechin polyphenols and caffeine in increasing 24-h energy expenditure and fat oxidation in humans. Am. J. Clinical Nutrition, 70: 1040-1045.			

Peroxynitrite-  
Scavenger IC50=0.228  
ug/ml

Pesticide

Protisticide

Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of *Helianthemum glomeratum*. *Phytotherapy Research*, 13(2): 102-105.Xanthine-Oxidase-  
Inhibitor IC50=>40Hatano, T., Yasuhara, T., Yoshihara, R., Agata, I., Noro, T., and Okuda, T. 1989. Effects of Interaction of Tannins with Co-existing Substances.VII. Inhibitory Effects of Tannins Related Polyphenols on Xanthine Oxidase. *Chem. Pharm. Bull.* 38(5): 1224-1229

(E)-ATLANTONE	Heart Wood	--	--	Jim Duke's personal files.
(Z)-ATLANTONE	Heart Wood	--	--	Jim Duke's personal files.
1,4-DIMETHYL-2,5-DIISOPROPYLBENZENE	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
1,4-DIMETHYL-2,5-DIISOPROPYLBENZENE	Essential Oil	--	--	Jim Duke's personal files.
10,11-(E)-6-OXO-DIHYDROATLANTONE	Plant	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
10,11-(E)-DIHYDROATLANTONE	Plant	--	--	J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
10,11-(Z)-DIHYDROATLANTONE	Plant	--	--	J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
10-HEPTACOSANOL	Leaf Wax	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)
10-NONACOSANOL	Leaf	--	--	*
13-NONACOSANOL	Leaf	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)
15-BETULAPRENOl	Leaf	--	--	Jim Duke's personal files.
16-BETULAPRENOl	Leaf	--	--	Jim Duke's personal files.
17-BETULAPRENOl	Leaf	--	--	Jim Duke's personal files.
18-BETULAPRENOl	Leaf	--	--	Jim Duke's personal files.
19-BETULAPRENOl	Leaf	--	--	Jim Duke's personal files.
2,5,8-TRIMETHYLDIHYDRONAPHTHALENE	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
2-CARBOXYARABINITOL	Leaf	--	--	Jim Duke's personal files.
2-HEXENAL	Plant	--	--	*
2-ISOPROPYLPHENOL	Essential Oil	--	--	Jim Duke's personal files.
2-ISOPROPYLPHENOL	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
20-BETULAPRENOl	Leaf	--	--	Jim Duke's personal files.
21-BETULAPRENOl	Leaf	--	--	Jim Duke's personal files.
24ALPHA-ETHYLLATHOSTEROL	Plant	--	--	J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
3'-O-METHYLMYRICETIN-3-RUTINOSIDE	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
3'-O-METHYLMYRICETIN-3-O-GLUCOSIDE	Leaf	--	--	*
3,4-DIHYDROXYBENZOIC-ACID	Leaf	--	--	*

**Activities (3)**

Antiaggregant

Antibacterial

Antisickling

3-O-[2"-O-6"-O-BIS-(ALPHA-L-RHAMNOSYL)-BETA-D-GLUCOSYL]-SORHAMNETIN	Leaf	--	--	*
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3-O-[2"-O-6"-O-BIS-(ALPHA-L-RHAMNOSYL)-BETA-D-GLUCOSYL-KAEMPFEROL	Leaf	--	--	*
3-O-[2"-O-6"-O-BIS-(ALPHA-L-RHAMNOSYL)-BETA-D-GLUCOSYL-QUERCETIN	Leaf	--	--	*
3-O-[2"-O-[6"-O-(P-(BETA-D-GLUCOSYLOXY)-TRANS-CINNAMOYL)-BETA-D-GLUCOSYL]-ALPHA-L-RHAMNOSYL-KAEMPFEROL	Leaf	--	--	*
3-O-[2"-O-[6"-O-(P-(BETA-D-GLUCOSYLOXY)-TRANS-CINNAMOYL)-BETA-D-GLUCOSYL]-ALPHA-L-RHAMNOSYL-QUERCETIN	Leaf	--	--	*
3-O-[2"-O-[6"-O-(P-HYDROXY-TRANS-CINNAMOYL)-BETA-D-GLUCOSYL]-ALPHA-L-RHAMNOSYL-7-O-(BETA-D-GLUCOSYL)-QUERCETIN	Leaf	--	--	*
3-O-[2"-O-[6"-O-(P-HYDROXY-TRANS-CINNAMOYL)-BETA-D-GLUCOSYL]-ALPHA-L-RHAMNOSYL-QUERCETIN	Leaf	--	--	*
3-O-[2"-O-[6"-O-(P-HYDROXY-TRANS-CINNAMOYL)-BETA-D-GLUCOSYL]-ALPHA-L-RHAMNOSYL-KAEMPFEROL	Leaf	--	--	*
4'-METHOXYPYRIDOXINE	Seed	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
4-4'-(PENTA-CIS-1-CIS-5-DIENE-1-5-DIYNYL)-DIPHENOL	Leaf	--	22.7	Jim Duke's personal files.
4-HYDROXY-BENZOIC-ACID	Leaf	--	--	*
4-HYDROXYANACARDIC-ACID	Fruit	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
4-HYDROXYGINKGOLIC-ACID	Fruit	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
4-O-METHYL-PYRIDOXINE	Seed	--	--	*
4-O-METHYL-PYRIDOXINE	Leaf	--	--	*
5'-METHOXYBILOBETIN	Leaf	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)
5-6-EPOXYLUTEIN	Tissue Culture	--	--	Jim Duke's personal files.
6-(HEPTADECIENYL)-SALICYLIC-ACID	Leaf	--	--	Jim Duke's personal files.
6-(PENTACEC-CIS-ENYL)-SALICYLIC-ACID	Fruit	--	--	Jim Duke's personal files.
6-(PENTACEC-CIS-ENYL)-SALICYLIC-ACID	Leaf	--	--	Jim Duke's personal files.
6-(PENTADEC-8-ENYL)-2,4-DIHYDROXYBENZOIC-ACID	Plant	--	--	J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
6-(PENTADEC-8-ENYL)-RESORCYCLIC-ACID	Seed	--	--	Jim Duke's personal files.
6-(PENTADECYL)-SALICYLIC-ACID	Leaf	--	--	Jim Duke's personal files.

#### Activities (1)

Aldose-Reductase-Inhibitor Toyomizu, M., Sugiyama, S., Jin, R. L., Nakatsu, T. 1993. Alpha-Glucosidase and Aldose Reductase Inhibitors: Constituents of Cashew, *Anacardium occidentale*, Nut Shell Liquids. *Phytotherapy Research*, 7(3): 252-254.  
IC50=100.4 uM

6-(TRIDECA-8-ENYL)-RESORCYCLIC-ACID	Seed	--	--	Jim Duke's personal files.
6-(TRIDECYL)-SALICYLIC-ACID	Leaf	--	--	Jim Duke's personal files.
6-(TRIDECYL)-SALICYLIC-ACID	Fruit	--	--	Jim Duke's personal files.
6-HEPTADECENYLSALICYLIC-ACID	Fruit	--	--	Jim Duke's personal files.

#### Activities (2)

Antifeedant Jacobson, M., *Glossary of Plant-Derived Insect Deterrents*, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
Pesticide

6-HEPTADECENYLSALICYLIC-ACID	Leaf	--	--	Jim Duke's personal files.
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#### Activities (2)

**Pesticide**

6-HYDROXYKYNURENIC-ACID	Leaf	--	--	*
6-PENTADECENYL SALICYLIC-ACID	Leaf	--	--	Jim Duke's personal files.

**Activities (2)**

Antifeedant	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Pesticide	

8-HYDROXY-3-(6'-PENTADECENYL)-3,4-DIHYDRO-ISO-COUMARIN	Fruit	--	--	Jim Duke's personal files.
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8-HYDROXY-3-HEPTADECYL-3,4-DIHYDRO-ISO-COUMARIN	Fruit	--	--	Jim Duke's personal files.
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8-HYDROXY-3-TRIDECYL-3,4-DIHYDRO-ISO-COUMARIN	Fruit	--	--	Jim Duke's personal files.
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ACACETIN	Leaf	--	--	*
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**Activities (16)**

Aldose-Reductase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
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Allergenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
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Antiaflatoxin IC50=7.25 uM

Antiaflatoxin IC50=2.06 ppm

Antiallergic Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antihistaminic Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antimalarial IC50=4.2-12.6 ug/ml

Antimutagenic Economic & Medicinal Plant Research, 6: 235.

Aromatase-Inhibitor IC12=1 uM/l Journal of Medicinal Food 2: 235.1999.

Hepatoprotective IC50=7.25 uM

Hepatoprotective IC50=2.06 ppm

Iodothyronine-Deiodinase-Inhibitor Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Mutagenic

Plasmodicide IC50=4.2-12.6 ug/ml

Protisticide IC50=4.2-12.6 ug/ml

Topoisomerase-I-Inhibitor Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. *Phytoestrogens: Potential Endocrine Disruptors in Males*. Toxicol Ind Health, 14: 223-237.

ACENAPHTHENE	Essential Oil	--	--	Jim Duke's personal files.
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ACENAPTHENE	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . Nippon Gogeikagaku Kaishi 61(9): 1119-1122.
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ACETIC-ACID	Pollen Or Spore	--	--	Jim Duke's personal files.
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**Activities (16)**

Acidulant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
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Antibacterial 5,000 ppm

Antitotic Martindale's 28th

Antisalmonella

Antivaginitic 1-2%

Expectorant Martindale's 28th

Fungicide Martindale's 29th

Keratogenic

Mucolytic Martindale's 29th

Osteolytic

Perfumery FEMA 6,000-40,000 ppm Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Pesticide

Protisticide Martindale's 29th

Spermicide Martindale's 28th

**Verrucolytic**

<b>ACETIC-ACID</b>	Fruit	--	--	List, P.H. and Horhammer, L, Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<b>Activities (16)</b>				
Acidulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antibacterial 5,000 ppm				
Antitotic	Martindale's 28th			
Antisalmonella				
Antivaginitic 1-2%				
Expectorant	Martindale's 28th			
Fungicide	Martindale's 29th			
Keratitogenic				
Mucolytic	Martindale's 29th			
Osteolytic				
Perfumery FEMA 6,000-40,000 ppm	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry			
Pesticide				
Protisticide	Martindale's 29th			
Spermicide	Martindale's 28th			
Ulcerogenic	HerbalGram No. 20, page 9.			
Verrucolytic				
<b>AFZELIN</b>	Pollen Or Spore	--	141.0	*
<b>Activities (1)</b>				
ACE-Inhibitor IC50=2.8 mM				
<b>ALANINE</b>	Seed	2400.0	6745.0	-0.73
USDA's Ag Handbook 8 and sequelae)				
<b>Activities (3)</b>				
Antioxidant	Larson, R.A. 1987. Review Article Number 30. The Antioxidants of Higher Plants. Phytochemistry. 27: 969-978.			
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Oxidant	Larson, R.A. 1987. Review Article Number 30. The Antioxidants of Higher Plants. Phytochemistry. 27: 969-978.			
<b>ALPHA-CAROTENE</b>	Tissue Culture	--	--	Jim Duke's personal files.
<b>Activities (7)</b>				
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.			
Anticancer (Liver)	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.			
Anticancer (Lung)	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.			
Anticancer (Skin)	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.			
Antiproliferant 10 x beta-carotene	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.			
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Previtamin-A				
<b>ALPHA-HEXENAL</b>	Leaf	--	--	List, P.H. and Horhammer, L, Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<b>ALPHA-HYDROXY-PALMITIC-ACID</b>	Seed	--	--	*
<b>ALPHA-IONONE</b>	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.
<b>Activities (5)</b>				
Allergenic				
P450-1A-Inducer				
P450-2B-Inducer				
Perfume	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.			
Tremorigenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.			

## ALPHA-LINOLENIC-ACID

Seed 210.0 468.0 -0.32 USDA's Ag Handbook 8 and sequelae)

**Activities (15)**

5-Alpha-Reductase-Inhibitor	
Antiaggregant	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Antihypertensive	
Antiinflammatory IC50=42 uM	
Antileukotriene-D4 IC50=42 uM	
Antimennorrheic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimetastatic	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Hypotensive	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Immunostimulant 0.12 ml/man/day	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Lymphocytogenic 0.5 ug/ml	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Propecic	
Prostaglandin-Synthesis-Inhibitor 39.5 g/day/hmn	Ferretti, A., Flanagan, V. P. 1996. Antithromboxane Activity of Dietary Alpha-linolenic Acid: A Pilot Study. Prostaglandins Leukotrienes Essential Fatty Acids, 54(6): 451-455. ARS, USDA.
Vasodilator	

## ALPHA-LINOLENIC-ACID

Leaf -- -- Jim Duke's personal files.

**Activities (15)**

5-Alpha-Reductase-Inhibitor	
Antiaggregant	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Antihypertensive	
Antiinflammatory IC50=42 uM	
Antileukotriene-D4 IC50=42 uM	
Antimennorrheic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimetastatic	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Hypotensive	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Immunostimulant 0.12 ml/man/day	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Lymphocytogenic 0.5 ug/ml	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Propecic	
Prostaglandin-Synthesis-Inhibitor 39.5 g/day/hmn	Ferretti, A., Flanagan, V. P. 1996. Antithromboxane Activity of Dietary Alpha-linolenic Acid: A Pilot Study. Prostaglandins Leukotrienes Essential Fatty Acids, 54(6): 451-455. ARS, USDA.
Vasodilator	

## ALPHA-SESAMIN

Wood -- 5000.0 List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

## AMENTOFLAVONE

Leaf 3.8 5.0 -1.0 \*

**Activities (18)**

ACE-Inhibitor IC60-90=333 ug/ml	
Aldose-Reductase-Inhibitor IC25=10 uM	Shimizu, M., Ito, T., Terashima, S., Hayashi, T., Arisawa, M., Morita, N., Kurokawa, S., Ito, K., and Hashimoto, Y. 1984. Inhibition of Lens Aldose Reductase by Flavonoids. Phytochemistry, 23: 1885-1888.
AntiHIV IC97=200 ug/ml	
AntiHIV IC50=119 ug/ml	
Antibradykinic	
Antiedemic >3/4 indomethacin	
Antiinflammatory >3/4 indomethacin	
Antileukemic IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antinociceptive	
Antioxidant IC10.6=62.5 ug/ml	
Antiperoxidant IC50=38 uM	Planta Medica, 57: A110, 1991.
Antiulcer	
Antiviral IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Fungicide	
Pesticide	
Phosphodiesterase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
cAMP-Phosphodiesterase-Inhibitor 5-10 x papaverine	
cAMP-Phosphodiesterase-Inhibitor IC50=22 uM	

## Epidermis

### Activities (17)

Antiacne	
Antibacterial	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiprostaglandin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiseptic	
Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antitumor	
Aphicide?	Chau (1985) in Purseglove et al. <i>Acta Botanica Sinica</i> , 2.
Dermatitigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Fungicide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Lipoxygenase-Inhibitor	
Molluscicide <10 ppm	
Nematicide	
Pesticide	
Prostaglandin-Synthétase-Inhibitor	
Protisticide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Schistosomicide	
Tyrosinase-Inhibitor	

### ANACARDIC-ACID

Fruit -- -- \*

### Activities (17)

Antiacne	
Antibacterial	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiprostaglandin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiseptic	
Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antitumor	
Aphicide?	Chau (1985) in Purseglove et al. <i>Acta Botanica Sinica</i> , 2.
Dermatitigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Fungicide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Lipoxygenase-Inhibitor	
Molluscicide <10 ppm	
Nematicide	
Pesticide	
Prostaglandin-Synthétase-Inhibitor	
Protisticide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Schistosomicide	
Tyrosinase-Inhibitor	

### ANACARDIC-ACID

Testa -- -- Jim Duke's personal files.

### Activities (17)

Antiacne	
Antibacterial	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiprostaglandin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiseptic	
Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antitumor	
Aphicide?	Chau (1985) in Purseglove et al. <i>Acta Botanica Sinica</i> , 2.
Dermatitigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Fungicide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Lipoxygenase-Inhibitor	
Molluscicide <10 ppm	
Nematicide	

Prostaglandin-Synthetase-Inhibitor	
Protisticide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Schistosomicide	
Tyrosinase-Inhibitor	

ANACARDIC-ACID	Leaf	--	--	*
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#### Activities (17)

Antiacne	
Antibacterial	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiprostaglandin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiseptic	
Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antitumor	
Aphicide?	Chau (1985) in Purseglove et al. <i>Acta Botanica Sinica</i> , 2.
Dermatitigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Fungicide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Lipoxygenase-Inhibitor	
Molluscicide <10 ppm	
Nematicide	
Pesticide	
Prostaglandin-Synthetase-Inhibitor	
Protisticide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Schistosomicide	
Tyrosinase-Inhibitor	

ANACARDIC-ACID	Seed	--	--	*
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#### Activities (17)

Antiacne	
Antibacterial	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiprostaglandin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiseptic	
Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antitumor	
Aphicide?	Chau (1985) in Purseglove et al. <i>Acta Botanica Sinica</i> , 2.
Dermatitigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Fungicide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Lipoxygenase-Inhibitor	
Molluscicide <10 ppm	
Nematicide	
Pesticide	
Prostaglandin-Synthetase-Inhibitor	
Protisticide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Schistosomicide	
Tyrosinase-Inhibitor	

ANACARDIC-ACID	Plant	--	--	Jim Duke's personal files.
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#### Activities (17)

Antiacne	
Antibacterial	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiprostaglandin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiseptic	
Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antitumor	
Aphicide?	Chau (1985) in Purseglove et al. <i>Acta Botanica Sinica</i> , 2.

Fungicide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Lipoxygenase-Inhibitor	
Molluscicide <10 ppm	
Nematicide	
Pesticide	
Prostaglandin-Synthétase-Inhibitor	
Protisticide	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Schistosomicide	
Tyrosinase-Inhibitor	

APIGENIN	Pollen Or Spore	109.0	Jim Duke's personal files.
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**Activities (101)**

11B-HSD-Inhibitor	
AntiADD	
AntiHIV IC72=200 ug/ml	
AntiHIV IC50=143 ug/ml	
Antiaflatoxin IC50=9.52 uM	
Antiaflatoxin IC50=2.57 ppm	
Antiaggregant	
Antiaging	
Antiallergic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiangiogenic 4 uM	
Antiarrhythmic	
Antibacterial	Recio, M. C., Rios, J. L., and Villar, A., A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988, <i>Phytotherapy Research</i> , 3(4), 1989, 117-125.
Anticancer (Lung)	
Anticomplementary	
Antidermatitic	Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals</i> . CRC Press. Boca Raton, FL. 566 pp.
Antiestrogenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiherpetic 20-54 ug/ml	
Antihistaminic IC50=10-35 uM	
Antiinflammatory #NAME?	
Antiinflammatory IC~65=1,000 uM	
Antileukemic 20-50 uM	
Antimelanomic 1-50 uM	
Antimetastatic 1-50 uM	
Antimutagenic ID50=10-40 nM	Phe nolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507. ACS, Washington 402 pp.
Antimutagenic ID50=0.55 ug/ml	
Antioxidant 1.5 x Vit. E	
Antioxidant IC28.5=62.5 ug/ml	
Antiperistaltic	
Antiproliferant 1-50 uM	
Antiproliferant IC50=155 uM	
Antispasmodic EC50=1-5 uM	
Antistress 10 mg/kg	
Antithyroid	Jim Duke's personal files.
Antitumor 1-50 uM	
Antitumor (Breast) 1-50 uM	
Antitumor (Lung)	
Antitumor (Skin)	
Antiviral 20-54 ug/ml	
Anxiolytic 10 mg/kg	
Apoptotic 12-60 uM	
Aromatase-Inhibitor IC65=1 uM/I	Journal of Medicinal Food 2: 235.1999.
Beta-Glucuronidase-Inhibitor IC50=~40 uM	
CNS-Depressant	
COX-1-Inhibitor IC65=1,000 uM	

IC <sub>50</sub> =1,000 uM	
COX-2-Inhibitor <40 uM	
COX-2-Inhibitor IC50=<15 uM	
Calcium-Antagonist?	Biochimica & Biophysica Acta, 1115: 69, 1991.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic	
Cyclooxygenase-Inhibitor	
Cytochrome-P450-1A1-Inhibitor	
Cytotoxic IC88=10 ug/ml	Planta Medica, 57: A113, 1991.
Cytotoxic 1-50 uM	
Cytotoxic IC50=9.5 uM	
DNA-Protective	
Deiodinase-Inhibitor	Jim Duke's personal files.
Differentiator MIC=30 uM	
Differentiator IC40=40 uM	
Diuretic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Estrogenic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
Estrogenic 16% genistein	
Estrogenic EC50=1 uM	
HIF-1alpha-Inhibitor	
Hyaluronidase-Inhibitor	
IC50+=50-250 uM	
Hypotensive	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
ICAM-1-Inhibitor	
IKK-Inhibitor	
Inotropic	
Interleukin-6-Inhibitor	
MAO-Inhibitor	
MAPK-Inhibitor	
Musculotropic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Mutagenic	
Myorelaxant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
NADH-Oxidase-Inhibitor	
NF-kB-Inhibitor	
NO-Synthase-Inhibitor 5-50 uM	
Nodulation-Signal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Ornithine-Decarboxylase-Inhibitor	
P21-Inducer 10-70 uM	
PKC-Inhibitor IC50=10 uM	
PTK-Inhibitor 10-100 uM	
Pesticide	
Polyamine-Synthesis-Inhibitor	
Progesterational	
Protein-Kinase-C-Inhibitor	
IC50=10-40 uM	
Quinone-Reductase-Inducer 20 uM	Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. Cancer Lett., 120 (2): 213-216.
Radioprotective	
Sedative 30-100 mg/kg	
Sunscreen	
TNF-alpha-Inhibitor	
IC50=3.27 uM	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. Toxicol Ind Health, 14: 223-237.
Topoisomerase-II-Inhibitor	Azuma, Y., Onishi, Y., Sato, Y., Kizaki, H. 1995. Effects of Protein Tyrosine Kinase Inhibitors With Different Modes of Action on Topoisomerase Activity and Death of IL-2-Dependent CTLL-2-Cells. J Biochemistry, 118: 312-318.
Topoisomerase-II-Inhibitor	
IC28=18 uM	
Topoisomerase-II-Inhibitor	
IC45=180 uM	
Uterotrophic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
VEGF-Inhibitor IC50=2-7 uM	
Vasodilator	
Xanthine-Oxidase-Inhibitor	
0.36 uM	

APIGENIN

Leaf

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ANON. 1948-1976. The Wealth of India raw materials.  
 Publications and Information Directorate, CSIR, New Delhi. 11 volumes.

**Activities (101)**

11B-HSD-Inhibitor

AntiADD

AntiHIV IC<sub>72</sub>=200 µg/mlAntiHIV IC<sub>50</sub>=143 µg/mlAntiaflatoxin IC<sub>50</sub>=9.52 µMAntiaflatoxin IC<sub>50</sub>=2.57 ppm

Antiaggregant

Antiaging

Antiallergic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiangiogenic 4 µM

Antiarrhythmic

Antibacterial Recio, M. C., Rios, J. L., and Villar, A., A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988, Phytotherapy Research, 3(4), 1989, 117-125.

Anticancer (Lung)

Anticomplementary

Antidermatitic Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.

Antiestrogenic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiherpetic 20-54 µg/ml

Antihistaminic IC<sub>50</sub>=10-35 µM

Antiinflammatory #NAME?

Antiinflammatory  
IC<sub>65</sub>=1,000 µM

Antileukemic 20-50 µM

Antimelanomic 1-50 µM

Antimetastatic 1-50 µM

Antimutagenic ID<sub>50</sub>=10-40 nM Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.Antimutagenic ID<sub>50</sub>=0.55 µg/ml

Antioxidant 1.5 x Vit. E

Antioxidant IC<sub>28.5</sub>=62.5 µg/ml

Antiperistaltic

Antiproliferant 1-50 µM

Antiproliferant IC<sub>50</sub>=155 µMAntispasmodic EC<sub>50</sub>=1-5 µM

Antistress 10 mg/kg

Antithyroid Jim Duke's personal files.

Antitumor 1-50 µM

Antitumor (Breast) 1-50 µM

Antitumor (Lung)

Antitumor (Skin)

Antiviral 20-54 µg/ml

Anxiolytic 10 mg/kg

Apoptotic 12-60 µM

Aromatase-Inhibitor  
IC<sub>65</sub>=1 µM/l Journal of Medicinal Food 2: 235.1999.Beta-Glucuronidase-Inhibitor IC<sub>50</sub>=~40 µM

CNS-Depressant

COX-1-Inhibitor  
IC<sub>65</sub>=1,000 µMCOX-2-Inhibitor  
IC<sub>>65</sub>=1,000 µM

COX-2-Inhibitor &lt;40 µM

COX-2-Inhibitor IC<sub>50</sub>=<15 µM

Calcium-Antagonist? Biochimica &amp; Biophysica Acta, 1115: 69, 1991.

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Choleretic

Cyclooxygenase-Inhibitor

Cytochrome-P450-1A1-Inhibitor

Cytotoxic	1-50 uM			
Cytotoxic	IC50=9.5 uM			
DNA-Protective				
Deiodinase-Inhibitor	Jim Duke's personal files.			
Differentiator MIC	=30 uM			
Differentiator IC	40=40 uM			
Diuretic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Estrogenic EC	50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.		
Estrogenic 16%	genistein			
Estrogenic EC	50=1 uM			
HIF-1alpha-Inhibitor				
Hyaluronidase-Inhibitor				
IC50+=50-250 uM				
Hypotensive	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
ICAM-1-Inhibitor				
IKK-Inhibitor				
Inotropic				
Interleukin-6-Inhibitor				
MAO-Inhibitor				
MAPK-Inhibitor				
Musculotropic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.			
Mutagenic				
Myorelaxant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
NADH-Oxidase-Inhibitor				
NF-kB-Inhibitor				
NO-Synthase-Inhibitor	5-50 uM			
Nodulation-Signal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Ornithine-Decarboxylase-Inhibitor				
P21-Inducer	10-70 uM			
PKC-Inhibitor	IC50=10 uM			
PTK-Inhibitor	10-100 uM			
Pesticide				
Polyamine-Synthesis-Inhibitor				
Progesterational				
Protein-Kinase-C-Inhibitor	IC50=10-40 uM			
Quinone-Reductase-Inducer	20 uM	Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216.		
Radioprotective				
Sedative	30-100 mg/kg			
Sunscreen				
TNF-alpha-Inhibitor	IC50=3.27 uM			
Topoisomerase-I-Inhibitor		Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. <i>Toxicol Ind Health</i> , 14: 223-237.		
Topoisomerase-II-Inhibitor	50 ug/ml	Azuma, Y., Onishi, Y., Sato, Y., Kizaki, H. 1995. Effects of Protein Tyrosine Kinase Inhibitors With Different Modes of Action on Topoisomerase Activity and Death of IL-2-Dependent CTLL-2-Cells. <i>J Biochemistry</i> , 118: 312-318.		
Topoisomerase-II-Inhibitor	IC28=18 uM			
Topoisomerase-II-Inhibitor	IC45=180 uM			
Uterotrophic EC	50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.		
VEGF-Inhibitor	IC50=2-7 uM			
Vasodilator				
Xanthine-Oxidase-Inhibitor	0.36 uM			
iNOS-Inhibitor	IC50=<15 uM			

APIGENIN-3-O-GLUCOSIDE	Leaf	--	--	*
ARABINOSE	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
ARACHIDIC-ACID	Pollen Or Spore	--	--	Jim Duke's personal files.

**Activities (14)**

Antidiabetic?	Wichtl, M. 1984. <i>Teedrogen</i> . Ein Handbuch für Apotheker und Ärzte. Wissenschaftliche Verlagsgesellschaft mbH Stuttgart. 393 pp.
Antinecephalopathic	Martindale's 29th
Antihepatitic	Martindale's 29th
Antihypertensive	
Antiimpotence	
Antiinfertility 4 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antioxidant?	
Aphrodisiac 3 g/day	
Diuretic	
Hypoammonemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
NO-Genic	
Pituitary-Stimulant	
Spermigenic 4 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Vasodilator	

**ASCORBIC-ACID**

Leaf -- -- \*

**Activities (112)**

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	
AntiRaynaud's 500 mg 1-2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antitherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplastic 1,000-2,000 mg/day	
Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubitac 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiendometrotic 2,000 mg/day	
Antifatigue 500-1,000 mg	
Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000	

Antigastric	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilepric 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitrosic 1 g/man/day	Martindale's 28th
Antiobesity 1 g 3x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteоarthritic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontitic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipoliomyelic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxificant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hvnoalvcemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95

Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASCORBIC-ACID	Seed	150.0	545.0	-0.01	*
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#### Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
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Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
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AntiRaynaud's 500 mg 1-2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
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Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
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Antidecubitic 500 mg/man/2x/day	Martindale's 28th
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Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
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Antigastritic	
Antigingivitic	
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Immunomodulator	
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Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASCORBIC-ACID	Fruit	--	640.0	-0.24	Jim Duke's personal files.
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#### Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
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AntiCFS 500-1,000 mg	
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Antialzheimeran 2,000-6,000 mg/day	
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Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubitic 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiendometriotic 2,000 mg/day	
Antifatigue 500-1,000 mg	
Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antileptic 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinutrosic 1 g/man/day	Martindale's 28th
Antiobesity 1 g 3x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antosteoorarthritic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipolomyelitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	

ASH	Seed	14000.0	38000.0	-0.3	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
ASH	Leaf	11520.0	48000.0	-1.25	*
ASPARAGINE	Fruit	--	--		Chemical Constituents of Oriental Herbs (3 diff. books)
<b>Activities (2)</b>					
Antisickling	Ekeke, G.I. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in Cajanus cajan Seed Extract. <i>Planta Medica</i> 56(1): 41, 1990.				
Diuretic	HerbalGram No. 17.				
ASPARTIC-ACID	Seed	5430.0	14815.0	-0.69	USDA's Ag Handbook 8 and sequelae)
<b>Activities (3)</b>					
Antimorphinic	Martindale's 28th				
Neuroexcitant	Martindale's 28th				
Roborant	Merck 11th Edition				
ASTRAGALIN	Leaf	--	18000.0	1.0	*
<b>Activities (7)</b>					
ACE-Inhibitor ID50=180 ug/ml rat (24 hr.)					
Aldose-Reductase-Inhibitor IC30=1 uM					
Aldose-Reductase-Inhibitor IC62=10 uM	Shimizu, M., Ito, T., Terashima, S., Hayashi, T., Arisawa, M., Morita, N., Kurokawa, S., Ito, K., and Hashimoto, Y. 1984. Inhibition of Lens Aldose Reductase by Flavonoids. <i>Phytochemistry</i> , 23: 1885-1888.				
Antileukemic					
Expectorant					
Hypotensive	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. <i>Chem. Pharm. Bull.</i> 38(4): 1049-1052, 1990.				
Immunostimulant					
AUROXANTHIN	Tissue Culture	--	--		Jim Duke's personal files.
BEHENIC-ACID	Pollen Or Spore	--	--		Jim Duke's personal files.
<b>Activities (1)</b>					
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
BENZOIC-ACID	Plant	--	--		Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
<b>Activities (20)</b>					
Allergenic	Martindale's 28th				
Anesthetic					
Antibacterial 33-1,250 ppm					
Antibacterial MBC=800 ug/ml					
Antitotic	Martindale's 28th				
Antipyretic					
Antisalmonella MIC=800 ug/ml					
Antiseptic 800 ug/ml					
Antiyeast MFC=1,600 ug/ml					
Choleretic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Expectorant					
FLavor FEMA 250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungicide MFC=1,600 ug/ml					
Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Pesticide					
Phytoalexin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Tyrosinase-Inhibitor ID50=710 uM					
Tyrosinase-Inhibitor ID50=640 uM					
Uricosuric					
Vulnerary					

**Activities (53)**

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplastic	
Anticorony 50 mg/man/2 days	
Antihyperkeratotic	
Antiichthyotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphoto phobic 30-300 mg/man/day	Martindale's 29th
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyric 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	
Antiulcer 12 mg 3x/day/man/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 15,000-25,000 IU/day	
Antixerophthalmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

**BETA-CAROTENE**

Leaf      7.2      30.0      -1.01      \*

**Activities (53)**

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplastic	
Anticorony 50 mg/man/2 days	
Antihyperkeratotic	
Antiichthyotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphotoophobic 30-300 mg/man/day	Martindale's 29th
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyrin 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	
Antiucler 12 mg 3x/day/man/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiucler 15,000-25,000 IU/day	
Antixerophthalmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

## BETA-CAROTENE

Seed    1.0    4.0    -0.18    \*

### Activities (53)

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplastic	
Anticorony 50 mg/man/2 days	
Antihyperkeratotic	

Antileukoplakic			
Antilipoperoxidant IC71=50 ug/ml			
Antilupus 150 mg/man/day/2 mos	Martindale's 28th		
Antimaculitic			
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.		
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Antiozenic			
Antipapillomic			
Antiphotothobic 30-300 mg/man/day	Martindale's 29th		
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
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Antirheumatic			
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.		
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Antitumor (Colon) IC43=45 ug/ml			
Antitumor (Lung) IC30=60 ug/ml			
Antitumor (Prostate)			
Antitumor (Stomach) IC26=45 ug/ml			
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COX-2-Inhibitor IC82=50 ug/ml			
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Chemopreventive			
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.		
Gastroprotective			
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Interferon-Synergist			
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Prooxidant 20 ug/g			
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.		

#### BETA-EUDESMOL

Heart  
Wood

Jim Duke's personal files.

#### Activities (13)

##### AntiEBV

Antianoxic ED60=300  $\mu$ Mus Yamahara, J., Matsuda, H., Naitoh, Y., Fujimura, H., and Tamai, Y. 1990. Antianoxic Action and Active Constituents of *Atractylodis Lanceae Rhizoma*. Chem. Pharm. Bull. 38(7): 2033-2034, 1990.

##### Antimutagenic ID50=0.09 $\mu$ M/ml

Antipeptic Chem & Pharm. Bull., 34: 3854, 1986.

##### Antisalmonella >0.18 $\mu$ M/ml

##### Antitumor-Promoter?

##### Antiulcer

##### CNS-Inhibitor

##### Calcium-Antagonist 40 $\mu$ Mus

##### Hepatoprotective

##### Neurogenic

##### Pesticide

##### Sedative

#### BETA-EUDESMOL

Wood

--

Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza-glabra*. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.

### Activities (13)

AntiEBV

Antianoxic ED60=300 uM/mus Yamahara, J., Matsuda, H., Naitoh, Y., Fujimura, H., and Tamai, Y. 1990. Antianoxic Action and Active Constituents of *Atractylodis Lanceae Rhizoma*. *Chem. Pharm. Bull.* 38(7): 2033-2034, 1990.

Antimutagenic ID50=0.09 uM/ml

Antipeptic Chem & Pharm. Bull., 34: 3854, 1986.

Antisalmonella >0.18 uM/ml

Antitumor-Promoter?

Antilulcer

CNS-Inhibitor

Calcium-Antagonist 40 uM mus

Hepatoprotective

Neurogenic

Pesticide

Sedative

BETA-IONONE

Essential Oil -- --

Jim Duke's personal files.

### Activities (13)

Allergenic

Antibacterial MIC=200 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against *Streptococcus mutans*. *J. Agric. Food Chem.* 41: 1102-1105.

Anticariogenic MIC=100 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against *Streptococcus mutans*. *J. Agric. Food Chem.* 41: 1102-1105.

Antimelanomic IC50=140 uM/l

Antitumor Yu, S.G., Anderson, P.J., and Elson, C.E. 1995. Efficacy of B-Ionone in the Chemoprevention of Rat Mammary Carcinogenesis. *J. Agric. Food Chem.* 43: 2144-2147.

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cytochrome-P450-Inducer

Fungicide

Hypocholesterolemic Yu, S.G., Anderson, P.J., and Elson, C.E. 1995. Efficacy of B-Ionone in the Chemoprevention of Rat Mammary Carcinogenesis. *J. Agric. Food Chem.* 43: 2144-2147.

Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.

P450-Inducer

Pesticide

Trichomonicide LD100=100 ug/ml

BETA-IONONE

Wood -- --

Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza-glabra*. *Nippon Gogeikagaku Kaishi* 61(9): 1119-1122.

### Activities (13)

Allergenic

Antibacterial MIC=200 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against *Streptococcus mutans*. *J. Agric. Food Chem.* 41: 1102-1105.

Anticariogenic MIC=100 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against *Streptococcus mutans*. *J. Agric. Food Chem.* 41: 1102-1105.

Antimelanomic IC50=140 uM/l

Antitumor Yu, S.G., Anderson, P.J., and Elson, C.E. 1995. Efficacy of B-Ionone in the Chemoprevention of Rat Mammary Carcinogenesis. *J. Agric. Food Chem.* 43: 2144-2147.

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cytochrome-P450-Inducer

Fungicide

Hypocholesterolemic Yu, S.G., Anderson, P.J., and Elson, C.E. 1995. Efficacy of B-Ionone in the Chemoprevention of Rat Mammary Carcinogenesis. *J. Agric. Food Chem.* 43: 2144-2147.

Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.

P450-Inducer

Pesticide

Trichomonicide LD100=100 ug/ml

BETA-SITOSTEROL

Seed -- --

Jim Duke's personal files.

### Activities (47)

Androgenic

Angiogenic

Anorexic

Martindale's 28th

Antiadrenomimetic

Merck 11th Edition

Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antigonadotropic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomtic	
Antimutagenic 250 ug/ml	
Antiphidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostatadenomic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> . 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Gonadotropic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Hepatoprotective	
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Ubiquot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

#### BETA-SITOSTEROL

Pollen Or --  
Spore --

Jim Duke's personal files.

#### Activities (47)

Androgenic	
Angiogenic	
Anorexic	Martindale's 28th
Antiaedenomic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.

Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomic	
Antimutagenic 250 ug/ml	
Antiphidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostatadenameic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs.</i> Chapman & Hall, New York. 941 pp.
Antipyretic	
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> , 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs.</i> Chapman & Hall, New York. 941 pp.
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Hepatoprotective	
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

BETA-SITOSTEROL	Leaf	--	--	Jim Duke's personal files.
<b>Activities (47)</b>				
Androgenic				
Angiogenic				
Anorexic	Martindale's 28th			
Antiadenameic	Merck 11th Edition			
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.			
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.			
Anticancer (Cervix)				
Anticancer (Lung)				
Antiedemic IC54=320 mg/kg orl				
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.			
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Antiinflammatory				
Antileukemic				
Antilymphomic				
Antimutagenic 250 ug/ml				
Antiphidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.			
Antioxidant IC44=10 uM				
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Antiprostaglandin 30 mg/day/12 wks				

Antiprostatic 10-20 mg 3 x/day/orl man				
Antipyretic	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.			
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.			
Antitumor (Cervix)				
Antitumor (Lung)				
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.			
Apoptotic				
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> . 29(5): 1667-1670. 1990.			
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.			
Caspase-8-Inducer				
Estrogenic				
Febrifuge	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.			
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Hepatoprotective				
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th			
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th			
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.			
Hypolipidemic 2-6 g/day				
Pesticide				
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.			
Ubiquit	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Ulcerogenic 500 mg/kg ipr rat				

BETULAPRENOLS	Plant	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
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BIFLAVONES	Leaf	--	--	*
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#### Activities (4)

Antilipoperoxidant  
Antinecrotic  
Antiperoxidant  
Antiradicular

BILOBALIDE	Plant	--	--	Jim Duke's personal files.
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#### Activities (13)

Antiaging 10 mg/kg orl gbl (50-100 ng/ml)  
Antialcoholic 50-100 ng/ml  
Antibacterial  
Anticonvulsant 30 mg/kg/day/orl mus  
Antifeedant  
Antihypoxic  
Antiischemic 5-20 mg/kg scu mus  
Antioxidant 0.15 ug/ml  
Antioxidant IC28= 62.5 ug/ml  
Antiradicular 0.15 ug/ml  
Cardioprotective 0.15 ug/ml  
Neuroprotective 5 mg/kg scu mus  
Pesticide

BILOBALIDE	Leaf	0.25	330.0	*
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#### Activities (13)

Antiaging 10 mg/kg orl gbl (50-100 ng/ml)  
Antialcoholic 50-100 ng/ml  
Antibacterial  
Anticonvulsant 30 mg/kg/day/orl mus  
Antifeedant  
Antihypoxic  
Antiischemic 5-20 mg/kg scu mus

Antioxidant IC28= 62.5 ug/ml  
Antiradicular 0.15 ug/ml  
Cardioprotective 0.15 ug/ml  
Neuroprotective 5 mg/kg scu mus  
Pesticide

BILOBALIDE Root -- -- Jim Duke's personal files.

#### Activities (13)

Antiaging 10 mg/kg orl gbl (50-100 ng/ml)  
Antialcoholic 50-100 ng/ml  
Antibacterial CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses  
Anticonvulsant 30 mg/kg/day/orl mus  
Antifeedant Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
Antihypoxic  
Antiischemic 5-20 mg/kg scu mus  
Antioxidant 0.15 ug/ml  
Antioxidant IC28= 62.5 ug/ml  
Antiradicular 0.15 ug/ml  
Cardioprotective 0.15 ug/ml  
Neuroprotective 5 mg/kg scu mus  
Pesticide

BILOBALIDE Shoot -- -- Jim Duke's personal files.

#### Activities (13)

Antiaging 10 mg/kg orl gbl (50-100 ng/ml)  
Antialcoholic 50-100 ng/ml  
Antibacterial CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses  
Anticonvulsant 30 mg/kg/day/orl mus  
Antifeedant Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
Antihypoxic  
Antiischemic 5-20 mg/kg scu mus  
Antioxidant 0.15 ug/ml  
Antioxidant IC28= 62.5 ug/ml  
Antiradicular 0.15 ug/ml  
Cardioprotective 0.15 ug/ml  
Neuroprotective 5 mg/kg scu mus  
Pesticide

BILOBALIDE-A Leaf -- -- Jim Duke's personal files.

BILOBANONE Wood -- 20000.0 List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

BILOBANONE Leaf -- -- Jim Duke's personal files.

BILOBANONE Heart Wood -- -- Jim Duke's personal files.

BILOBETIN Leaf 8.0 19000.0 \*

#### Activities (3)

AntiEBV  
Antioxidant IC34.3= 62.5 ug/ml  
Antiviral

BILOBOL Seed -- -- \*

#### Activities (5)

Antiseptic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
Antithrombotic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.  
Antitumor Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
Dermatitogenic  
Pesticide

BILOBOL Fruit -- -- Jim Duke's personal files.

Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Dermatitigenic	
Pesticide	

BILOBOL Testa -- -- Jim Duke's personal files.

#### Activities (5)

Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Dermatitigenic	
Pesticide	

BUTYRIC-ACID

Fruit -- -- List, P.H. and Horhammer, L. *Hager's Handbuch der Pharmazeutischen Praxis*, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

#### Activities (6)

Anticancer	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antitumor	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Apoptotic	
Bruchifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Nematistat 880 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Pesticide	

CALCIUM

Seed 20.0 230.0 -0.72 \*

#### Activities (28)

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	
Antiatherosclerotic 500 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day	
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antihyperkinetic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antihypertensive	
Antiinsomniac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day	
Antioesity	
Antiosteoporotic 500-2,000 mg/day	
Antiperiodontic 750 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day	
Antistress 500-1,500 mg/day	
Antitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day	
Calcium-Channel-Blocker	
Diuretic	
Hypocholesterolemic 500 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Hypotensive 1 g/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg	
Tranquilizer 500-1,500 mg/day	
Vasodilator	

CALCIUM

Leaf 2640.0 11000.0 -0.51 \*

#### Activities (28)

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	

Anticlimacteric 1,000-1,500 mg/day				
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antihypertensive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antimenopausal 1,000-1,500 mg/day				
Antiobesity				
Antiosteoporotic 500-2,000 mg/day				
Antiperiodontic 750 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antirheumatic 1,000 mg/day				
Antistress 500-1,500 mg/day				
Antitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Anxiolytic 500-1,500 mg/day				
Calcium-Channel-Blocker				
Diuretic				
Hypocholesterolemic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Hypotensive 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Laxative 1,000-1,200 mg				
Tranquilizer 500-1,500 mg/day				
Vasodilator				

CALCIUM-OXALATE	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
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#### Activities (4)

Emetic  
Inflammatory  
Laxative  
Lithogenic

CAMPESTEROL	Seed	--	--	Jim Duke's personal files.
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#### Activities (2)

Antioxidant IC<sub>50</sub>=10  $\mu$ M  
Hypocholesterolemic Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

CAPROIC-ACID	Fruit	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
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#### Activities (1)

Irritant

CAPRYLIC-ACID	Fruit	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
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#### Activities (5)

Antiseptic  
Candidicide 300 mg/man/12 x/day  
Fungicide  
Irritant  
Pesticide

CARBOHYDRATES	Seed	381000.0	838400.0	1.25	*
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CARDANOL	Testa	--	--	Jim Duke's personal files.
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#### Activities (3)

Antithrombotic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.  
Molluscicide ED=80->100  
Pesticide

CARDANOL	Seed	--	--	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal</i>
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**Activities (3)**

Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Molluscicide ED=80->100	
Pesticide	

**CARDANOL**

Fruit -- -- \*

**Activities (3)**

Antithrombotic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Molluscicide ED=80->100	
Pesticide	

**CARDANOLS**

Leaf -- -- \*

**CARDOL**Fruit -- -- Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza-glabra*. *Nippon Gogeikagaku Kaishi* 61(9): 1119-1122.**Activities (4)**

Antifilarial	
Cyclooxygenase-Inhibitor IC28-98=10 uM	
Molluscicide ED=7-15 ppm	
Pesticide	

**CERYL-ALCOHOL**Twig -- -- List, P.H. and Horhammer, L. *Hager's Handbuch der Pharmazeutischen Praxis*, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.**CHOLINE**

Leaf -- -- Jim Duke's personal files.

**Activities (20)**

Antialzheimeran 5-16 g/man/day	
Antichoreic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticirrhotic 6,000 mg/man/day	
Anticystinuric	
Antidementia	
Antidiabetic	
Antidyskinetic 150-200 mg/kg/man/day	Martindale's 28th
Antihomocysteine	
Antimanic 15-30 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antinociceptive	
Antistearotatic	
Cardiodepressant	
Cerebrotonic	
Cholinergic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Hepatoprotective	
Hypotensive	
Ileorelaxant	
Lipotropic	
Memorigenic	
Parasympathomimetic (1/1,000th acetylcholine)	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.

**CHROMIUM**

Leaf 0.7 2.9 -0.4 \*

**Activities (24)**

Amphiglycemic?	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
AntiAGE 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 200 ug	
Antiacne	
Antiaging 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antithrombotic 20 ug/day	
Anticorneotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.

ug				
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antifatigue 200 ug				
Antiglycosuric 200-1,000 ug				
Antiobesity 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95			
Antisyndrome-X 200-800 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95			
Antitriglyceride 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antitriglyceride 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95			
Cardioprotective				
Energizer				
Hypocholesterolemic 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Hypocholesterolemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95			
Hypoglycemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95			
Hypotensive 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95			
Immunomodulator				
Insulinogenic				
Memorigenic				

CIS-NEOXANTHIN	Tissue Culture	--	--	Jim Duke's personal files.
CIS-VIOLAXANTHIN	Tissue Culture	--	--	Jim Duke's personal files.
CITRIC-ACID	Pollen Or Spore	--	--	Jim Duke's personal files.

#### Activities (23)

Allergenic				
Alpha-Amylase-Inhibitor				
Antiaphthitic 20,000 ppm	Martindale's 28th			
Antiatherosclerotic				
Antibacterial				
Anticalculic				
Anticoagulant	Merck 11th Edition			
Antileishmanic				
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.			
Antioxidant Synergist	Merck 11th Edition			
Antiseborrheic				
Antiseptic	Martindale's 29th			
Antitubercular				
Antitumor	Economic & Medicinal Plant Research, 6: 235.			
Disinfectant	Martindale's 29th			
FLavor FEMA 370-4,400	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry			
Hemostat				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.			
Laxative?	Lawrence Review of Natural Products, Sep-91.			
Litholytic	Martindale's 29th			
Mycobactericide				
Odontolytic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.			
Refrigerant	Martindale's 28th			

CITRIC-ACID	Seed	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.
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#### Activities (23)

Allergenic				
Alpha-Amylase-Inhibitor				
Antiaphthitic 20,000 ppm	Martindale's 28th			

Antibacterial	
Anticalculic	
Anticoagulant	Merck 11th Edition
Antileishmanic	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant Synergist	Merck 11th Edition
Antiseborrheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Disinfectant	Martindale's 29th
FFlavor FEMA 370-4,400	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hemostat	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative?	Lawrence Review of Natural Products, Sep-91.
Litholytic	Martindale's 29th
Mycobactericide	
Odontolytic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Refrigerant	Martindale's 28th

COBALT Leaf -- -- \*

#### Activities (2)

Cardiomyopathogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Erythrocytogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

COPPER Seed 3.0 6.0 -0.8 USDA's Ag Handbook 8 and sequelae)

#### Activities (12)

Antianemic	
Antiarthritic	
Antidiabetic 2-4 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antifatigue	
Antiinflammatory	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antinociceptive	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic	
Cardioprotective	
Contraceptive	Martindale's 28th
Hypocholesterolemic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunomodulator	
Schizophrenogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

CYSTEINE Seed -- -- Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.

#### Activities (13)

AntiAddisonian	
Antibiotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticataract	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticytotoxic	
Antiophthalmic	Martindale's 28th
Antioxidant	Jim Duke's personal files.
Antitumor	
Antiulcer	Martindale's 29th
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Detoxificant	Merck 11th Edition
Glutathionergic	
Ophthalmic-Antialkali	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	

CYSTINE Seed 230.0 630.0 -1.75 USDA's Ag Handbook 8 and sequelae)

#### Activities (2)

D-CATECHIN	Leaf	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.	
<b>Activities (4)</b>					
Anticoagulant					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Cardiotonic					
Vasoconstrictor	Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.				
D-GALLOCATECHIN	Leaf	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.	
D-GLUCARIC-ACID	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.	
DAUCOSTEROL	Leaf	--	--	Jim Duke's personal files.	
<b>Activities (5)</b>					
Aldose-Reductase-Inhibitor 0.1 mM/l rat (weak activity, 31.9% inhibition)	Fujita, T., Ohira, K., Miyatake, K., Nakano, Y., Nakayama, M. 1995. Inhibitory Effect of Perillosides A and C, Related Monoterpene Glucosides on Aldose Reductase and Their Structure-Activity Relationships. Chem Pharm Bull, 43(6): 920-926.				
Antileukemic					
Antispasmodic 20 mg/kg	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp				
Antitumor					
Hypoglycemic	Economic & Medicinal Plant Research, 6: 158.				
DI-TRANS-POLY-CIS-OCTADECAPRENOL	Leaf	--	2660.0	*	
DIHYDRO-GINKGOLIC-ACID	Fruit	--	--	Jim Duke's personal files.	
DNA	Flower	32700.0	35700.0	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.	
DOCOSAN-1-OL	Pollen Or Spore	--	445.0	Jim Duke's personal files.	
DOCOSANOL	Pollen Or Spore	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)	
DOLICHOL	Leaf	--	--	Jim Duke's personal files.	
ELEMOL	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.	
<b>Activities (2)</b>					
Antiacyetylcholinesterase IC50=34 ug/ml					
Antiulcer					
ELEMOL	Heart Wood	--	--	Jim Duke's personal files.	
<b>Activities (2)</b>					
Antiacyetylcholinesterase IC50=34 ug/ml					
Antiulcer					
EO	Wood	--	50000.0	0.17	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
EPIGALLOCATECHOL	Leaf	--	--	Jim Duke's personal files.	
ERGOSTEROL	Seed	--	--	Jim Duke's personal files.	
<b>Activities (5)</b>					
Antiangiogenic					
Antiflu					
Antitumor					
Antiviral					
Pesticide					

FAT	Seed	16000.0	38020.0	-1.2	*
FAT	Leaf	5520.0	23000.0	-0.67	*
FIBER	Seed	5000.0	13000.0	-0.96	*

#### Activities (15)

Angiotensin-Receptor-Blocker					
Antidiabetic					
Antihypertensive					
Antiobesity					
Antitumor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antiulcer	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Beta-Blocker					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Cardioprotective					
Diuretic					
Hypocholesterolemic					
Hypotensive 10 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Hypouricemic					
Laxative					
Vasodilator					

FIBER(CRUDE)	Leaf	--	100000.0	-0.71	*
FIBER(DIETARY)	Leaf	--	350000.0	-0.29	*
FLAVONOIDS	Leaf	--	--		Jim Duke's personal files.
FLAVOXANTHIN	Tissue Culture	--	--		Jim Duke's personal files.
FORMIC-ACID	Fruit	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

#### Activities (13)

Acaricide					
Antiseptic					
Antisyncopic					
Astringent	Merck 11th Edition				
Corrosive	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Counterirritant	Merck 11th Edition				
Flavor FEMA 500-2,500	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungistat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Fungitoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Irritant					
Pesticide					
Preservative	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Toxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

FORMIC-ACID	Pollen Or Spore	--	--		Jim Duke's personal files.
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#### Activities (13)

Acaricide					
Antiseptic					
Antisyncopic					
Astringent	Merck 11th Edition				
Corrosive	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Counterirritant	Merck 11th Edition				
Flavor FEMA 500-2,500	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungistat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Fungitoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Irritant					
Pesticide					

Toxic Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

FRUCTOSE	Seed	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
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#### Activities (8)

Antialcoholic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antidiabetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antihangover	
Antiketotic	Merck 11th Edition
Antinauseant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Laxative	
Neoplastic	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Sweetener 2 x glucose	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.

GADOLEIC-ACID	Seed	100.0	223.0	-0.7	USDA's Ag Handbook 8 and sequelae)
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GALACTOSE	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
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#### Activities (1)

Sweetener 0.32 x sucrose	Martindale's 28th
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GAMMA-AMINOBUTYRIC-ACID	Seed	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
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#### Activities (22)

Analeptic	
Anticephalagic	
Anticerebrotic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antichoreic 1-32 g/man/day	Martindale's 29th
Anticonvulsant 4,120 mg/kg ipr mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook</i> . (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Antihypertensive 1,000-4,000 mg/man/day	
Antiinsomnic	
Antilethargic	
Antistress	
Antitinnitic	
Anxiolytic	
CNS-Inhibitor 0.1 mg/kg ivn cat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook</i> . (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
CNS-Inhibitor 100 mg/kg ivn dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook</i> . (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
CNS-Inhibitor 2,500 mg/kg scu mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook</i> . (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Cardiovascular 208 ivn dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. <i>Drug Dosage in Laboratory Animals: A Handbook</i> . (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Diuretic 1,500-4,000 mg/man/day	
Hypotensive 1,000-4,000 mg/day	
Neuroinhibitor	
Neurotoxic to birds	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Neurotransmitter	
Sedative	
Tranquilizer	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.

GAMMA-CAROTENE	Tissue Culture	--	--	Jim Duke's personal files.
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#### Activities (2)

Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Previtamin-A	

GAMMA-EUDESMOL	Heart Wood	--	--	Jim Duke's personal files.
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## GAMMA-TOCOPHEROL

Leaf -- 140.0

Jim Duke's personal files.

**Activities (14)**

- AntiCRP
- Antiatherosclerotic
- Anticancer
- Antiinflammatory
- Antioxidant 10-15 ug/g
- Antioxidant IC43=10 uM
- Antiprostaglandin
- Antitumor
- Cardioprotective
- Cyclooxygenase-Inhibitor
- Hypocholesterolemic
- NO-Inhibitor
- Natriuretic
- PKC-Inhibitor

## GINGOLIDE-C

Leaf -- -- Jim Duke's personal files.

## GINKGETIN

Leaf 12.0 4600.0 \*

**Activities (11)**

- AntiHSV-1
- Antibradykinic
- Antibronchitic Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
- Antiedemic >1/3 indomethacin
- Antihistaminic Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
- Antiinflammatory >1/3 indomethacin
- Antioxidant IC19=62.5 ug/ml
- Antispasmodic
- Antiviral
- Bronchodilator Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
- Vasodilator

## GINKGETIN

Fruit -- -- \*

**Activities (11)**

- AntiHSV-1
- Antibradykinic
- Antibronchitic Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
- Antiedemic >1/3 indomethacin
- Antihistaminic Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
- Antiinflammatory >1/3 indomethacin
- Antioxidant IC19=62.5 ug/ml
- Antispasmodic
- Antiviral
- Bronchodilator Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
- Vasodilator

## GINKGO-FLAVONE-GYLCOSESIDES

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-120

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-15

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-16

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-17

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-18

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-19

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-20

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-21

Leaf -- -- Jim Duke's personal files.

## GINKGO-POLYPRENOL-22

Leaf -- -- Jim Duke's personal files.

GINKGO-POLYPRENOL-85	Leaf	--	--	Jim Duke's personal files.
GINKGO-POLYPRENOL-90	Leaf	--	--	Jim Duke's personal files.
GINKGO-POLYPRENOL-95	Leaf	--	--	Jim Duke's personal files.
GINKGO-POLYSACCHARIDE-GF-1	Leaf	--	--	Jim Duke's personal files.
GINKGO-POLYSACCHARIDE-GF-2-A	Leaf	--	--	Jim Duke's personal files.
GINKGO-POLYSACCHARIDE-GF-2-B	Leaf	--	--	Jim Duke's personal files.
GINKGO-POLYSACCHARIDE-GF-3	Leaf	--	--	Jim Duke's personal files.
GINKGOIC-ACID	Fruit	--	--	*

#### Activities (7)

Antiprostaglandin	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypocholesterolemic	
Molluscicide	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Triglycerolytic	

GINKGOL	Leaf	--	--	Jim Duke's personal files.
GINKGOL	Fruit	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
GINKGOLIC-ACID	Fruit	--	--	*

#### Activities (7)

Antibacterial	Chemical Constituents of Oriental Herbs (3 diff. books)
Antiprostaglandin	
Antiseptic	
Antitubercular	
Antitumor	
Pesticide	
Vesicant	

GINKGOLIC-ACID	Leaf	--	--	Jim Duke's personal files.
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#### Activities (7)

Antibacterial	Chemical Constituents of Oriental Herbs (3 diff. books)
Antiprostaglandin	
Antiseptic	
Antitubercular	
Antitumor	
Pesticide	
Vesicant	

GINKGOLIDE-A	Root Bark	--	100.0	*
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#### Activities (10)

Antiaggregant	
Antiasthmatic	
Antibacterial	
Antiischemic 50-100 mg/kg mus	
Antinephrotoxic	Newall, C.A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antioxidant 0.05 ug/ml	
Antioxidant IC29=62.5 ug/ml	
Bronchodilator	
Neuroprotective 50-100 mg/kg mus	
Pesticide	

GINKGOLIDE-A	Root	--	--	Jim Duke's personal files.
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**Activities (10)**

Antiaggregant  
Antiasthmatic  
Antibacterial  
Antiischemic 50-100 mg/kg mus  
Antinephrotoxic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.  
Antioxidant 0.05 ug/ml  
Antioxidant IC29=62.5 ug/ml  
Bronchodilator  
Neuroprotective 50-100 mg/kg  
mus  
Pesticide

GINKGOLIDE-A

Shoot -- --

Jim Duke's personal files.

**Activities (10)**

Antiaggregant  
Antiasthmatic  
Antibacterial  
Antiischemic 50-100 mg/kg mus  
Antinephrotoxic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.  
Antioxidant 0.05 ug/ml  
Antioxidant IC29=62.5 ug/ml  
Bronchodilator  
Neuroprotective 50-100 mg/kg  
mus  
Pesticide

GINKGOLIDE-A

Sprout  
Seedling -- --

Jim Duke's personal files.

**Activities (10)**

Antiaggregant  
Antiasthmatic  
Antibacterial  
Antiischemic 50-100 mg/kg mus  
Antinephrotoxic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.  
Antioxidant 0.05 ug/ml  
Antioxidant IC29=62.5 ug/ml  
Bronchodilator  
Neuroprotective 50-100 mg/kg  
mus  
Pesticide

GINKGOLIDE-A

Tissue  
Culture -- --

Jim Duke's personal files.

**Activities (10)**

Antiaggregant  
Antiasthmatic  
Antibacterial  
Antiischemic 50-100 mg/kg mus  
Antinephrotoxic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.  
Antioxidant 0.05 ug/ml  
Antioxidant IC29=62.5 ug/ml  
Bronchodilator  
Neuroprotective 50-100 mg/kg  
mus  
Pesticide

GINKGOLIDE-A

Plant -- --

Jim Duke's personal files.

**Activities (10)**

Antiaggregant  
Antiasthmatic  
Antibacterial  
Antiischemic 50-100 mg/kg mus

Antioxidant 0.05 ug/ml

Antioxidant IC29=62.5 ug/ml

Bronchodilator

Neuroprotective 50-100 mg/kg  
mus

Pesticide

**GINKGOLIDE-A**

Leaf      0.05      300.0

\*

**Activities (10)**

Antiaggregant

Antiasthmatic

Antibacterial

Antiischemic 50-100 mg/kg mus

Antinephrotoxic

Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.

Antioxidant 0.05 ug/ml

Antioxidant IC29=62.5 ug/ml

Bronchodilator

Neuroprotective 50-100 mg/kg  
mus

Pesticide

**GINKGOLIDE-ACID**

Fruit      --      --

Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza-glabra*. *Nippon Gogeikagaku Kaishi* 61(9): 1119-1122.**GINKGOLIDE-B**

Plant      --      --

Jim Duke's personal files.

**Activities (12)**Antiaggregant IC50=0.6-  
0.8Antiallergic      Williamson, E. M. and Evans, F. J. *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.Antianaphylactic      Williamson, E. M. and Evans, F. J. *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

Antiarrhythmic

Antiasthmatic      Williamson, E. M. and Evans, F. J. *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.Antiischemic 50-100  
mg/kg musAntilipoperoxidant      Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.

Antioxidant 0.05 ug/ml

Antioxidant IC37=62.5  
ug/mlAntiulcer      Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.Neuroprotective 50-100  
mg/kg musPAF-Inhibitor      Williamson, E. M. and Evans, F. J. *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.**GINKGOLIDE-B**Root      --      --      \*  
Bark**Activities (12)**Antiaggregant IC50=0.6-  
0.8Antiallergic      Williamson, E. M. and Evans, F. J. *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.Antianaphylactic      Williamson, E. M. and Evans, F. J. *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

Antiarrhythmic

Antiasthmatic      Williamson, E. M. and Evans, F. J. *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.Antiischemic 50-100  
mg/kg musAntilipoperoxidant      Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.

Antioxidant 0.05 ug/ml

Antioxidant IC37=62.5  
ug/mlAntiulcer      Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.Neuroprotective 50-100  
mg/kg musPAF-Inhibitor      Williamson, E. M. and Evans, F. J. *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel

## GINKGOLIDE-B

Tissue -- --

Jim Duke's personal files.

## Activities (12)

Antiaggregant IC50=0.6-0.8	
Antiallergic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antianaphylactic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiarrhythmic	
Antiasthmatic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiischemic 50-100 mg/kg mus	
Antilipoperoxidant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antioxidant 0.05 ug/ml	
Antioxidant IC37=62.5 ug/ml	
Antiulcer	Williamson, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Neuroprotective 50-100 mg/kg mus	
PAF-Inhibitor	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

## GINKGOLIDE-B

Leaf 0.05 2500.0

Jim Duke's personal files.

## Activities (12)

Antiaggregant IC50=0.6-0.8	
Antiallergic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antianaphylactic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiarrhythmic	
Antiasthmatic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiischemic 50-100 mg/kg mus	
Antilipoperoxidant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antioxidant 0.05 ug/ml	
Antioxidant IC37=62.5 ug/ml	
Antiulcer	Williamson, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Neuroprotective 50-100 mg/kg mus	
PAF-Inhibitor	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

## GINKGOLIDE-B

Root -- --

Jim Duke's personal files.

## Activities (12)

Antiaggregant IC50=0.6-0.8	
Antiallergic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antianaphylactic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiarrhythmic	
Antiasthmatic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antiischemic 50-100 mg/kg mus	
Antilipoperoxidant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antioxidant 0.05 ug/ml	
Antioxidant IC37=62.5 ug/ml	
Antiulcer	Williamson, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Neuroprotective 50-100 mg/kg mus	
PAF-Inhibitor	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

## GINKGOLIDE-B

Shoot -- --

Jim Duke's personal files.

Antiaggregant IC50=0.6-0.8			
Antiallergic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.		
Antianaphylactic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.		
Antiarrhythmic			
Antiasthmatic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.		
Antiischemic 50-100 mg/kg mus			
Antilipoperoxidant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.		
Antioxidant 0.05 ug/ml			
Antioxidant IC37=62.5 ug/ml			
Antiulcer	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.		
Neuroprotective 50-100 mg/kg mus			
PAF-Inhibitor	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.		

GINKGOLIDE-B	Sprout Seedling	-- --	Jim Duke's personal files.
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#### Activities (12)

Antiaggregant IC50=0.6-0.8			
Antiallergic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.		
Antianaphylactic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.		
Antiarrhythmic			
Antiasthmatic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.		
Antiischemic 50-100 mg/kg mus			
Antilipoperoxidant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.		
Antioxidant 0.05 ug/ml			
Antioxidant IC37=62.5 ug/ml			
Antiulcer	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.		
Neuroprotective 50-100 mg/kg mus			
PAF-Inhibitor	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.		

#### GINKGOLIDE-C

Root Bark	-- --	-- --	*
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#### Activities (4)

Antiaggregant			
Antiasthmatic			
Antioxidant IC26=62.5 ug/ml			
Bronchodilator			

#### GINKGOLIDE-C

Root	--	--	Jim Duke's personal files.
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#### Activities (4)

Antiaggregant			
Antiasthmatic			
Antioxidant IC26=62.5 ug/ml			
Bronchodilator			

#### GINKGOLIDE-C

Shoot	--	--	Jim Duke's personal files.
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#### Activities (4)

Antiaggregant			
Antiasthmatic			
Antioxidant IC26=62.5 ug/ml			
Bronchodilator			

#### GINKGOLIDE-C

Sprout Seedling	-- --	-- --	Jim Duke's personal files.
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**Activities (4)**

Antiaggregant  
Antasthmatic  
Antioxidant IC26=62.5 ug/ml  
Bronchodilator

GINKGOLIDE-C	Plant	--	--	Jim Duke's personal files.
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**Activities (4)**

Antiaggregant  
Antasthmatic  
Antioxidant IC26=62.5 ug/ml  
Bronchodilator

GINKGOLIDE-C	Leaf	0.05	120.0	Jim Duke's personal files.
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**Activities (4)**

Antiaggregant  
Antasthmatic  
Antioxidant IC26=62.5 ug/ml  
Bronchodilator

GINKGOLIDE-J	Leaf	--	--	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
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**Activities (1)**

Antioxidant IC34=62.5 ug/ml

GINKGOLIDE-J	Root	--	--	Jim Duke's personal files.
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**Activities (1)**

Antioxidant IC34=62.5 ug/ml

GINKGOLIDE-J	Shoot	--	--	Jim Duke's personal files.
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**Activities (1)**

Antioxidant IC34=62.5 ug/ml

GINKGOLIDE-M	Root Bark	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)
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GINKGOLIDES	Leaf	--	1000.0	*
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**Activities (17)**

Antiaggregant  
Antiallergic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
Antianaphylactic  
Antiasthmatic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
Antiedotoxic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.  
Antihypoxic  
Antiinflammatory  
Antiischemic  
Antimasticotic  
Antioxidant  
Antishock  
Antitachycardic  
Antithrombotic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.  
Bronchodilator Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
Immunomodulator  
Neuroprotective  
PAF-Inhibitor

GINKGOTOXIN	Seed	--	--	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
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GINNOL	Pollen Or Spore	--	463.0	Jim Duke's personal files.
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**Activities (3)**

Antibacterial	Chemical Constituents of Oriental Herbs (3 diff. books)			
Antitubercular				
Pesticide				

GINNOL

Leaf -- 1260.0

Jim Duke's personal files.

**Activities (3)**

Antibacterial	Chemical Constituents of Oriental Herbs (3 diff. books)			
Antitubercular				
Pesticide				

GINNOL

Fruit -- -- \*

**Activities (3)**

Antibacterial	Chemical Constituents of Oriental Herbs (3 diff. books)			
Antitubercular				
Pesticide				

GINNON

Leaf -- -- Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza-glabra*. *Nippon Gogeikagaku Kaishi* 61(9): 1119-1122.

GINNONE

Leaf -- -- Jim Duke's personal files.

GLUCOMANNAN

Wood -- -- Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza-glabra*. *Nippon Gogeikagaku Kaishi* 61(9): 1119-1122.**Activities (3)**

Anorectic?	Martindale's 29th			
Antidiabetic				
Hypocholesterolemic				

GLUCOSE

Wood -- -- Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza-glabra*. *Nippon Gogeikagaku Kaishi* 61(9): 1119-1122.**Activities (7)**

Acetylcholinergic				
Antiedemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Antihepatotoxic	Merck 11th Edition			
Antiketotic	Merck 11th Edition			
Antivaricose	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Hyperglycemic	Merck 11th Edition			
Memory-Enhancer	Science News, 138: 189, 1990.			

GLUTAMIC-ACID

Seed 8360.0 22840.0 -0.8 USDA's Ag Handbook 8 and sequelae)

**Activities (8)**

Antialkali? 500-1,000 mg/day/orl/man	Martindale's 29th			
Antiepileptic				
Antihyperammonemic	Martindale's 29th			
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antiprostatic 125-250 mg 3 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.			
Antiretardation	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Anxiolytic	Merck 11th Edition			
Neurotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			

GLYCINE

Seed 2320.0 6325.0 -0.67 USDA's Ag Handbook 8 and sequelae)

**Activities (12)**

Antiacid	Martindale's 29th			
Antialdosteronic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antidote (Hypoglycin-A)	Martindale's 29th			
Antiencephalopathic	Martindale's 29th			
Antigastritic	Martindale's 29th			

**x/u/dy**

Antipruritic	Merck 11th Edition
Antisickling	Ekeke, G.I. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in <i>Cajanus cajan</i> Seed Extract. <i>Planta Medica</i> 56(1): 41, 1990.
Antiulcer	Martindale's 29th
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Neuroinhibitor	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Uricosuric	

HEPTADECA-3-6-9-TRIEN-1-OL	Essential Oil	--	--	Jim Duke's personal files.	
HEX-CIS-3-EN-1-OL	Essential Oil	--	--	Jim Duke's personal files.	
HEX-CIS-4-EN-1-OL	Essential Oil	--	--	Jim Duke's personal files.	
HEX-TRANS-2-EN-1-AL	Leaf	--	--	Jim Duke's personal files.	
HEX-TRANS-4-EN-1-OL	Essential Oil	--	--	Jim Duke's personal files.	
HEXACOSAN-1-OL	Leaf	--	--	Jim Duke's personal files.	
HEXACOSANOL-1	Leaf	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.	
HEXEN-1-AL	Leaf	--	--	Jim Duke's personal files.	
HISTIDINE	Seed	1020.0	2785.0	-0.89	USDA's Ag Handbook 8 and sequelae)

**Activities (7)**

Antiarteriosclerotic	
Antinephritic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antioxidant	
Antiulcer	
Antiemetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Oxidant	

HOMOSERINE	Seed	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
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**Activities (1)**

Antisickling Ekeke, G.I. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in *Cajanus cajan* Seed Extract. *Planta Medica* 56(1): 41, 1990.

HYDROGINKGOLIC-ACID	Fruit	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)	
HYDROGINKGOLIC-ACID	Leaf	--	--	Jim Duke's personal files.	
INGNOCERIC-ACID	Pollen Or Spore	--	--	Jim Duke's personal files.	
IPURANOL	Leaf	--	--	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.	
IRON	Leaf	2.0	8.0	-0.9	*

**Activities (6)**

Antiakathisic	Martindale's 29th
Antianemic	Martindale's 29th
Anticanker	
Anticeliitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenorhagic 100 mg/day/wmn/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant	

IRON	Seed	10.0	26.0	-0.58	*
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**Activities (6)**

Antiakathisic	Martindale's 29th
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Anticanker					
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antimennorrhaic 100 mg/day/wmn/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Prooxidant					
ISOGINKGETIN	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
ISOLEUCINE	Seed	2090.0	5700.0	-0.61	USDA's Ag Handbook 8 and sequelae)
<b>Activities (3)</b>					
Antinecephalopathic?	Martindale's 29th				
Antipellagric	Martindale's 28th				
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
ISOQUERCITRIN	Leaf	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
<b>Activities (22)</b>					
ACE-Inhibitor ID50=300 ug/ml rat (24 hr.)					
Aldose-Reductase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Anticancer					
Antielastase IC50=0.7 ug/ml					
Antifeedant	Russell, G. B., Phytochemical resources for crop protection, N. Z. J. Technol., 2, 1986, 127-134.				
Antiinflammatory					
Antinociceptive					
Antioxidant 1/4 quercetin					
Antioxidant IC50=9.0 uM					
Antiradicular 1/4 quercetin					
Antitumor					
Antitumor-Promoter					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Capillarogenic					
Diaphoretic					
Diuretic 10 ppm	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.				
Hypotensive	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.				
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Pesticide					
TNF-alpha-Inhibitor					
Topoisomerase-II-Inhibitor 550 ug/ml	Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. Antimicrobial Agents & Chemotherapy, 41: 992-998.				
ISORHAMNETIN	Leaf	--	--	*	
<b>Activities (11)</b>					
Antibacterial					
Antihistaminic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Antiinflammatory	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Antioxidant	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Antispasmodic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 210.				
MAO-Inhibitor					
Pesticide					
Quinone-Reductase-Inducer	Yannai, S., Day, A.J., Williamson, G., Rhodes, M. J. C. 1998. Characterization of Flavonoids as Monofunctional or Bifunctional Inducers of Quinone Reductase in Murine Hepatoma Cell Lines. Food Chem Toxicol, 36(8): 623-630.				

ISORHAMNETIN-3-O-GLUCOSIDE	Leaf	--	--	*
ISORHAMNETIN-3-O-RUTINOSIDE	Leaf	--	--	*
KAEMPFEROL	Leaf	--	--	*
<b>Activities (75)</b>				
11B-HSD-Inhibitor				
5-Lipoxygenase-Inhibitor IC50 (uM)=20				
Aldose-Reductase-Inhibitor 100 uM	Oliveira, T. T., Nagem, T. J., Miranda, L. C. G., Paula, V. F., Teixeira, M. A. 1997. Inhibitory Action on Aldose Reductase by Soybean Flavonoids. <i>J Braz Chem Soc</i> , 8(3): 211-213.			
Antiaflatoxin IC50=8.73 uM				
Antiaflatoxin IC50=3.28 ppm				
Antiaggregant 30 uM				
Antiallergic				
Antibacterial 20 ug/ml				
Anticancer				
Antifertility 250 mg/kg/day/60 days/orl rat	Kumar, P., Dixit*, V.P., and Khanna, P. Antifertility Studies of Kaempferol: Isolation and Identification from Tissue Culture of some Medicinally Important Plant Species. <i>Plantes médicinales et phytothérapie</i> , 23: 193-201, 1989.			
Antigingivitic 20 ug/ml				
Antiherpetic 23-92 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992.			
Antihistaminic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.			
Antiimplantation				
Antiinflammatory 20 mg/kg				
Antiinflammatory 200 mg/kg ipr rat				
Antileukemic IC50=3.1 ug/ml	Life Sciences 55: 1061.			
Antilymphocytic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Antimutagenic ID50=10-40 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.			
Antioxidant IC50=40 uM				
Antioxidant 3/4 quercetin				
Antioxidant IC50=1.2 ug/ml				
Antiperiodontic 20 ug/ml				
Antiplaque 20 ug/ml				
Antiradicular 7 x quercetin				
Antiseptic 20 ug/ml				
Antiserotonin 200 mg/kg ipr rat				
Antispasmodic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.			
Antistaphylococcic				
Antitumor				
Antitumor-Promoter	Yasukawa, K., Takido, M., Takeuchi, M., Sato, Y., Nitta, K., and Nakagawa, S. 1989. Inhibitory Effects of Flavonol Glycosides on 12-O-Tetradecanoylphorbol-13-acetate-Induced Tumor Promotion. <i>Chem. Pharm. Bull.</i> 38(3): 774-776, 1990.			
Antulcer 50-200 mg/kg ipr rat				
Antiviral 23-92 ug/ml				
Apoptotic 60 uM				
Aromatase-Inhibitor IC12=1 uM/l	Journal of Medicinal Food 2: 235.1999.			
COX-2-Inhibitor				
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Carcinogenic	Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. <i>Zulu Medicinal Plants. An inventory</i> . University of Natal Press, Pietermaritzburg. 450 pp.			
Choleretic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.			
Copper-Chelator				
Cyclooxygenase-Inhibitor IC50 (uM) =20				
Cytotoxic				
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.			
Diuretic				
Estrogenic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.			
Estrogenic EC50=0.56 uM				
Fungicide 20 ug/ml	Father Nature's Farmacy: The aggregate of all these three-letter citations.			

IC50=50-150 ug/ml	From <i>Eriodictyon crassifolium</i> utile. <i>Journal of Natural Products</i> , 54(1): 136-142, 1991.
Hepatoprotective IC50=5.46 uM	
Hepatoprotective IC50=1.30 ppm	
Hypotensive	
ICAM-1-Inhibitor	
Inotropic	
Iodothyronine-Deiodinase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
JNK-Inhibitor	
Lipoxygenase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
MAO-Inhibitor	
Mutagenic	
NO-Inhibitor IC50=13.9 uM	
Natriuretic	
Neuroprotective	
PAF-Inhibitor	
Pesticide	
Protisticide	Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of <i>Helianthemum glomeratum</i> . <i>Phytotherapy Research</i> , 13(2): 102-105.
Quinone-Reductase-Inducer 3 uM	
TNF-alpha-Inhibitor IC50=3.99 uM	
Teratologic	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. <i>Toxicol Ind Health</i> , 14: 223-237.
Topoisomerase-II-Inhibitor IC50=8.1 ug/ml	Constantinou, A., Mehta, R., Runyan, C., Rao, K., Vaughan, A., Moon, R. 1995. Flavonoids as DNA Topoisomerase Antagonists and Poisons: Structure-Activity Relationships. <i>J Natural Products</i> , 58: 217-225.
Tyrosinase-Inhibitor ID50=230 uM	
Uterotrophic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
Vasodilator	
cAMP-Phosphodiesterase-Inhibitor	
iNOS-Inhibitor IC50=<15 uM	
iNOS-Inhibitor IC50=13.9 uM	

KAEMPFEROL-2-6-DIRHAMNOSYL-GLUCOSIDE	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-RUTINOSIDE	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
KAEMPFEROL-3-O-(2'-6-DIRHAMNOPYRANOSYL-BETA-D-GLUCOPYRANOSIDE)	Leaf	--	22.0	Jim Duke's personal files.
KAEMPFEROL-3-O-(2'-O-BETA-D-GLUCOPYRANOSYL)-ALPHA-L-RHAMNOPYRANOSIDE	Leaf	--	5.3	Jim Duke's personal files.
KAEMPFEROL-3-O-(3'-P-COUMAROYL-GLUCOSYL-BETA(1-4)-RHAMNOSIDE)	Leaf	--	25000.0	Jim Duke's personal files.
KAEMPFEROL-3-O-(6''-P-COUMAROYL-GLUCOPYRANOSYL-BETA-1-4-RHAMNOPYRANOSIDE)	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-(6''-P-COUMAROYL-GLUCOSYL(1-2)RHAMNOSIDE)	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-(6'-O-P-COUMAROYL-BETA-D-GLUCOPYRANOSYL(1-2)ALPHA-L-RHAMNOPYRANOSIDE)	Leaf	--	200.0	Jim Duke's personal files.
KAEMPFEROL-3-O-(ALPHA-RHAMNOSYL(1-2)ALPHA-RHAMNOSYL(1-6))BETA-D-GLUCOSIDE	Leaf	--	700.0	Jim Duke's personal files.
KAEMPFEROL-3-O-2'-6'-DI-O-RHAMNOPYRANOSYL-GLUCOPYRANOSIDE	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-ALPHA(6''-P-COUMAROYL-GLUCOSYL-BETA-1,4-RHAMNOSIDE)	Plant	--	--	*
KAEMPFEROL-3-O-ALPHA-(6''-P-COUMAROYL-GLUCOSYL-BETA-1-2-RHAMNOSIDE)	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-ALPHA-L-RHAMNO-GLUCOAROYL-	Leaf	--	580.0	Jim Duke's personal files.

KAEMPFEROL-3-O-ALPHA-L-[BETA-D-GLUCOPYRANOSYL(1-2)RHAMNO PYRANOSIDE]	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-BETA-D-RUTINOSIDE	Leaf	--	1000.0	Jim Duke's personal files.
KAEMPFEROL-3-O-COUMAROYL-GLUCORHAMNOSIDE	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-P-COUMAROYL-GLUCO-RHAMNOSIDE	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-RHAMNOSIDE	Leaf	--	--	*
KAEMPFEROL-3-O-RHAMNOSYL(1-2)RHAMNOSYL(1-6)GLUCOSIDE	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-O-RUTINOSIDE	Leaf	40.0	130.0	Jim Duke's personal files.
KAEMPFEROL-3-O-[2'-O-6''-O{P-(7'''-O-BETA-D-GLUCOPYRANOSYL)-COUMAROYL}-BETA-D-GLUCOPYRANOSYL]-ALPHA-L-RHAMNO PYRANOSIDE	Leaf	--	3.1	Jim Duke's personal files.
KAEMPFEROL-3-O-[6''-O-P-COUMAROYL-BETA-D-GLUCOSYL-(1-2)-ALPHA-L-RHAMNOSIDE]	Leaf	--	--	Jim Duke's personal files.
KAEMPFEROL-3-RHAMNOGLUCOSIDE	Leaf	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

#### Activities (4)

Antispasmodic  
Choleretic  
Diuretic  
Purgative

KAEMPFEROL-7-O-GLUCOSIDE	Leaf	--	--	*
KAEMPFEROL-COUMAROYL-GLUCORHAMNOSIDE	Leaf	--	--	Jim Duke's personal files.
KILOCALORIES	Seed	1820.0	3975.0	-0.69
KYURENIC-ACID	Leaf	--	--	*
L-EPIcatechin	Leaf	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
L-EPIGALLOCATECHIN	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.
LACTIC-ACID	Pollen Or Spore	--	--	Jim Duke's personal files.

#### Activities (8)

Acidulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antileukorrheic	Martindale's 29th
Antioxidant Synergist	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antivaginitic	Martindale's 29th
Antixerotic	Martindale's 29th
FLavor FEMA 10-25,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Keratolytic	Martindale's 28th

LARICITRIN-3-O-RUTINOSIDE	Leaf	--	--	Jim Duke's personal files.
LAURIC-ACID	Pollen Or Spore	--	--	Jim Duke's personal files.

#### Activities (7)

Antibacterial  
Antioxidant IC71=60  
Antiviral  
COX-1-Inhibitor IC40=100  
COX-2-Inhibitor IC20=100  
Candidicide

LEUCINE	Seed	3160.0	8620.0	-0.81	USDA's Ag Handbook 8 and sequelae)
<b>Activities (2)</b>					
Antiecephalopathic	Martindale's 29th				
Essential Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.					
LINOLEIC-ACID	Leaf	--	--		Jim Duke's personal files.
<b>Activities (27)</b>					
5-Alpha-Reductase-Inhibitor					
AntiMS	Economic & Medicinal Plant Research, 6: 189.				
Antiacne					
Antialopeptic					
Antianaphylactic	Economic & Medicinal Plant Research, 6: 189.				
Antiandrogenic					
Antiarteriosclerotic					
Antiarthritic	Economic & Medicinal Plant Research, 6: 189.				
Anticoronal	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Antieczemic	Economic & Medicinal Plant Research, 6: 189.				
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.				
Antigranular					
Antihistaminic	Economic & Medicinal Plant Research, 6: 189.				
Antiinflammatory IC50=31 uM					
Antileukotriene-D4 IC50=31 uM					
Antimenorhagic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Carcinogenic	Science News, 146: 421.				
Comedolytic					
Hepatoprotective					
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)				
Immunomodulator	Economic & Medicinal Plant Research, 6: 189.				
Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents,</i> CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Metastatic	Science News, 146: 421.				
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.				
Propecic					
LINOLEIC-ACID	Seed	5780.0	12889.0	-0.81	USDA's Ag Handbook 8 and sequelae)
<b>Activities (27)</b>					
5-Alpha-Reductase-Inhibitor					
AntiMS	Economic & Medicinal Plant Research, 6: 189.				
Antiacne					
Antialopeptic					
Antianaphylactic	Economic & Medicinal Plant Research, 6: 189.				
Antiandrogenic					
Antiarteriosclerotic					
Antiarthritic	Economic & Medicinal Plant Research, 6: 189.				
Anticoronal	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Antieczemic	Economic & Medicinal Plant Research, 6: 189.				
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.				
Antigranular					
Antihistaminic	Economic & Medicinal Plant Research, 6: 189.				
Antiinflammatory IC50=31 uM					
Antileukotriene-D4 IC50=31 uM					
Antimenorhagic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Carcinogenic	Science News, 146: 421.				
Comedolytic					
Hepatoprotective					
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)				

Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Metastatic	Science News, 146: 421.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Propecic	
LINOLENIC-ACID	Seed -- -- Jim Duke's personal files.
LINOLENIC-ACID	Leaf -- 452000.0 3.0 Jim Duke's personal files.
LINOLENIC-ACID	Fruit -- -- Jim Duke's personal files.
LUTEIN	Tissue Culture -- -- Jim Duke's personal files.
 <b>Activities (15)</b>	
Antiatherosclerotic	
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antimaculitic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antinystalopic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antioxidant	
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antiradical	
Antiretinic Optometry	
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Colon)	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Prooxidant 5-40 ug/g	
Quinone-Reductase-Inducer 2.5 ug	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Retinoprotectant Optometry	
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
LUTEIN	Leaf -- -- Jim Duke's personal files.
 <b>Activities (15)</b>	
Antiatherosclerotic	
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antimaculitic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antinystalopic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antioxidant	
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antiradical	
Antiretinic Optometry	
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Colon)	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Prooxidant 5-40 ug/g	
Quinone-Reductase-Inducer 2.5 ug	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Retinoprotectant Optometry	
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
LUTEIN-ESTER	Leaf -- -- Jim Duke's personal files.
LUTEOLIN	Leaf -- -- List, P.H. and Horhammer, L., <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
 <b>Activities (78)</b>	
Aldose-Reductase-Inhibitor EC=3 ppm	Shin*, K.H., Chung, M.S., Chae, Y.J., Yoon, K.Y., Cho, T.S. 1992. A survey for aldose reductase inhibition of herbal medicines. <i>Fitoterapia</i> 64(2): 130, 1993.
Aldose-Reductase-Inhibitor IC50=0.45 uM rat	
AntiHIV	
Antiallergic	
Antianinogenic IC60-	

Antiatrogenic	
Antibacterial MIC=500 ug/ml	Planta Medica, 57: A43, 1991.
Anticarcinogenic	
Anticarcinomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Anticataract EC=3 ppm	Shin*, K.H., Chung, M.S., Chae, Y.J., Yoon, K.Y., Cho, T.S. 1992. A survey for aldose reductase inhibition of herbal medicines. Fitoterapia 64(2): 130, 1993.
Anticomplementary	
Antidermotic	Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals</i> . CRC Press. Boca Raton, FL. 566 pp.
Antiestrogenic	
Antifeedant IC50=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antiherpetic 11-23 ug/ml	
Antihistaminic <10-15 uM	
Antiinflammatory #NAME?	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antileukemic 20-50 uM	
Antilymphomimic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimelanomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimutagenic ID50=2-5 nM	
Antimutagenic ID50=0.44 ug/ml	
Antinociceptive	
Antioxidant IC50=10 uM	
Antipolio	Economic & Medicinal Plant Research, 5: 197.
Antiproliferant	
Antispasmodic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antitumor 1-50 uM	
Antitumor (Colon)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Kidney)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Lung)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Ovary)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Pancreas)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Skin) 20 uM	
Antitumor (Stomach)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Thyroid) 12-50 uM	
Antitumor (brain)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitussive	
Antiviral 11-23 ug/ml	
Aphidifuge	
Apoptotic 12-50 uM	
Aromatase-Inhibitor IC35=1 uM/l	Journal of Medicinal Food 2: 235.1999.
Beta-Glucuronidase-Inhibitor IC50=~40 uM	
Calcium-Antagonist IC50=1.2 uM rbt	
Cancer-Preventive	
Chemopreventive	
Choleretic	
Cytotoxic 1-50 uM	
Deiodinase-Inhibitor	Jim Duke's personal files.
Differentiator IC>40=40 uM	
Diuretic	Jim Duke's personal files.
Estrogenic 58% genistein	
Hepatoprotective	
Hyaluronidase-Inhibitor IC50+=100-250 uM	
Hypocholesterolemic	
ICAM-1-Inhibitor	
IKK-Inhibitor	
Iodothyronine-Deiodinase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Lipoxygenase-Inhibitor	
MAPK-Inhibitor	

Metalloproteinase-Inhibitor	
Myorelaxant	
NEP-Inhibitor IC50=>42 uM	
NF-kB-Inhibitor	
NO-Inhibitor	
PTK-Inhibitor 10-100 uM	
Pesticide	
Proliferant	
Prostaglandin-Synthetase-Inhibitor	
Protein-Kinase-C-Inhibitor	
IC70=50 uM	
Succinoxidase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
TNF-alpha-Inhibitor	
IC50=14.44 uM	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. <i>Phytoestrogens: Potential Endocrine Disruptors in Males.</i> Toxicol Ind Health, 14: 223-237.
VEGF-Inhibitor IC50=2-7 uM	
Vasodilator	
Xanthine-Oxidase-Inhibitor	Chem. & Pharm. Bull. 38: 1772.
IC50=0.11 ug/ml	
iNOS-Inhibitor	

LUTEOLIN-3-O-GLUCOSIDE	Leaf	--	--	*	
LYSINE	Seed	2060.0	5640.0	-0.87	USDA's Ag Handbook 8 and sequelae)

#### Activities (4)

Antialkalotic	Martindale's 29th
Antiherpetic 0.5-3 g/day	
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Hypoarginanemic 250 mg/kg	Martindale's 29th

MAGNESIUM	Seed	270.0	605.0	-0.92	USDA's Ag Handbook 8 and sequelae)
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#### Activities (65)

AntiCFS	
AntiLyme 400-1,000 mg	
AntiMS	
AntiPMS 400-800 mg/day/wmn/orl	
AntiPMS 400-800 mg/day/wmn orl	
AntiRaynaud's 280-350 mg/day	
Antiaggregant 400 mg/day	
Antialcoholic	
Antianginal 400 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antianorectic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antianxiety 400 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antiarrhythmic 400 mg/day	
Antiarthritic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antatherosclerotic 400 mg/day	
Anticlimacteric 500-750 mg/day	
Anticephalic	
Anticonvulsant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants.</i> Kampong Publications, Vista CA. 713 pp.
Anticorony 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antiedometriotic 500 mg/day	
Antienterotic	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg	

Antigastric	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	
Antimigraine 200 mg/day/man	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimiral-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplate 500-1,000 mg/day	
Antiretinopathic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmophilic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antistress 500-750 mg/day	
Antistroke 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisynrome-X 400 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.
Calcium-Antagonist	
Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	
Immunomodulator	
Insulinogenic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Laxative 300-500 mg/day	
Litholytic	
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Neurotransmitter	
Tranquilizer 500-750 mg/day	
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Vasodilator	

MAGNESIUM	Leaf	240.0	1000.0	-1.21	*
<b>Activities (65)</b>					
AntiCFS					
AntiLyme 400-1,000 mg					
AntiMS					
AntiPMS 400-800 mg/day/wmn/orl					
AntiPMS 400-800 mg/day/wmn orl					
AntiRaynaud's 280-350 mg/day					
Antiaggregant 400 mg/day					
Antialcoholic					
Antianginal 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antianorectic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antianxiety 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiarrhythmic 400 mg/day					
Antiarthritic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antatherosclerotic 400 mg/day					
Anticephalagic					
Anticlimacteric 500-750 mg/day					
Anticonvulsant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.				

	resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiendometriotic 500 mg/day	
Antienterotic	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg 3x/day	
Antigastrotic	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	
Antimigraine 200 mg/day/man	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimiral-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplaque 500-1,000 mg/day	
Antiretinopathic 400 mg/day	Chalelm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmophilic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antistress 500-750 mg/day	
Antistroke 400 mg/day	Chalelm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 400 mg/man/day	Chalelm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.
Calcium-Antagonist	
Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	
Immunomodulator	
Insulinogenic 400 mg/day	Chalelm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Laxative 300-500 mg/day	
Litholytic	
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Neurotransmitter	
Tranquilizer 500-750 mg/day	
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Vasodilator	

MALIC-ACID Pollen Or -- -- Jim Duke's personal files.  
Spore

#### Activities (15)

Antiatherosclerotic	
Antibacterial	
Antifibromyalgic 300 mg 3x/day	
Antioxidant Synergist	Merck 11th Edition
Antiseborrheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Bacteristat	

Hemopoietic					
Laxative?	Lawrence Review of Natural Products, Sep-91.				
Mycobactericide					
Pesticide					
Sialogogue	Martindale's 29th				
<b>MANGANESE</b>	<b>Seed</b>	<b>1.0</b>	<b>3.0</b>	<b>-0.63</b>	<b>USDA's Ag Handbook 8 and sequelae)</b>
<b>Activities (14)</b>					
AntiPMS					
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.				
Antianemic	Martindale's 28th				
Antiarthritic					
Antidiabetic 3-5 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antidiabetic 10-30 mg/man/day					
Antidiscotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antidyskinetic	Martindale's 28th				
Antiepileptic 450 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiosteoporotic					
Antiototic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antioxidant					
Antisyndrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Hypoglycemic 10-30 mg/man/day					
<b>MANGANESE</b>	<b>Leaf</b>	<b>0.7</b>	<b>3.0</b>	<b>-0.45</b>	<b>*</b>
<b>Activities (14)</b>					
AntiPMS					
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.				
Antianemic	Martindale's 28th				
Antiarthritic					
Antidiabetic 3-5 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antidiabetic 10-30 mg/man/day					
Antidiscotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antidyskinetic	Martindale's 28th				
Antiepileptic 450 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiosteoporotic					
Antiototic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antioxidant					
Antisyndrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Hypoglycemic 10-30 mg/man/day					
<b>MANNAN</b>	<b>Leaf</b>	<b>--</b>	<b>34000.0</b>		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<b>MANNOSE</b>	<b>Wood</b>	<b>--</b>	<b>--</b>		Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.
<b>Activities (3)</b>					
AntiUTI					
Antiadhesive					
Anticystitic 0.25-1 tsp 3-4 x/day orl man					
<b>METHIONINE</b>	<b>Seed</b>	<b>550.0</b>	<b>1520.0</b>	<b>-0.72</b>	<b>USDA's Ag Handbook 8 and sequelae)</b>
<b>Activities (15)</b>					
Anticataract	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antidote (Acetaminophen) 10 g/16hr/man/orl	Martindale's 29th				
Antidote (Paracetamol) 10 g/16hr/man/orl	Martindale's 29th				
Antieczemic					
Antihepatotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

Antiparkinsonian 1-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Emetic	Martindale's 29th
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Glutathionigenic	Martindale's 29th
Hepatoprotective	
Lipotropic	Merck 11th Edition
Urine-Acidifier 200 mg/3x/day/man/orl	Martindale's 28th
Urine-Deodorant	Martindale's 29th

MUFA Seed 6190.0 13815.0 -0.69 USDA's Ag Handbook 8 and sequelae)

#### Activities (13)

Allergenic	
Anemiagenic	
Antiinflammatory IC50=21 uM	
Antileukotriene-D4 IC50=21 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic 5 ml/man	
Dermatitogenic	
FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Merck 11th Edition
Percutaneostimulant	Seki, T., Toeda, C., Kawaguchi, T., Junii, K., Sugabayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. Chem. Pharm. Bull. 38(11): 3086-3089, 1990.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

MYRICETIN

Leaf -- -- \*

#### Activities (34)

Allelochemic IC82=1 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
AntiHIV	
Antiallergenic	
Antibacterial MIC=20-500 ug/ml	
Antifeedant IC52=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antigastric	
Antigingivitic MIC=20 ug/ml	
Antigonadotrophic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihistaminic	
Antiinflammatory	Oriental Materia Medica (three volumes by Dr. Hsu and collaborators)
Antimutagenic ID50=2-5 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antioxidant IC99=200 ppm	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antioxidant 1.4 uM	
Antioxidant IC50=3.9 ug/ml	
Antiperiodontic MIC=20 ug/ml	
Antiplaque MIC=20 ug/ml	
Antiseptic MIC=20 ug/ml	
Antiviral	
Apoptotic 60 uM	
COMP-Inhibitor	Dullo, A. G., et al. 1999. Efficacy of a green tea extract rich in catechin polyphenols and caffeine in increasing 24-h energy expenditure and fat oxidation in humans. Am. J. Clinical Nutrition, 70: 1040-1045.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide MIC=150 ug/ml	Planta Medica, 57: A43, 1991.
Diuretic	Oriental Materia Medica (three volumes by Dr. Hsu and collaborators)
Hypoglycemic	Economic & Medicinal Plant Research, 6: 170.
Larvistat IC50=2.6-3.5 mM/kg diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Mutagenic	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Oxidase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London

## Pesticide

Quinone-Reductase-Inducer 36 uM Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. *Cancer Lett.*, 120 (2): 213-216.

Topoisomerase-I-Inhibitor IC50=11.9 ug/ml

Topoisomerase-II-Inhibitor IC50=11.9 ug/ml

Tyrosine-Kinase-Inhibitor Economic & Medicinal Plant Research, 6: 170.

Vasodilator

MYRICETIN-3-O-RUTINOSIDE	Leaf	--	--	*	
MYRISTIC-ACID	Seed	60.0	133.0	-0.29	USDA's Ag Handbook 8 and sequelae)
<b>Activities (6)</b>					
Antioxidant IC71=60					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)				
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
MYRISTIC-ACID	Pollen Or Spore	--	--		Jim Duke's personal files.
<b>Activities (6)</b>					
Antioxidant IC71=60					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)				
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
N-ALPHA-HYDROXY-PALMITOYL-GLUCOSYL-OCTADECASPHINGADIENE	Seed	--	--		Jim Duke's personal files.
N-HEPTACOSANE	Leaf	--	381000.0		Jim Duke's personal files.
N-PENTACOSANE	Leaf	--	174000.0		Jim Duke's personal files.
N-TRICOSANE	Leaf	--	125000.0		Jim Duke's personal files.
NEOXANTHIN	Leaf	--	--		Jim Duke's personal files.
<b>Activities (2)</b>					
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Ubiquit	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
NIACIN	Seed	12.0	134.0	2.73	*
<b>Activities (39)</b>					
Allergenic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
AntiLyme 50 mg/day					
AntiMeniere's	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.				
AntiRaynaud's 1,500-4,000 mg/day					
Antiacrodynic					
Antiallergic 50 mg/2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antialzheimeran					
Antiambyopic					
Antianginal					
Anticataract					
Antichilblain	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Anticonvulsant 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antidementia					
Antidermatitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antidiabetic					
Antidysphagic					
Antiepileptic 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				

Antihistaminic 50 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihyperactivity 1.5-6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomnic 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineuragic	
Antiparkinsonian 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipellagric	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiscotomic	
Antispasmodic 100 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antivertigo	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Circulotonic	
Fibrinolytic	
Hepatoprotective	
Hepatotoxic	
Hypocholesterolemic 50-100 mg 3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypoglycemic	
Hypolipidemic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Sedative	
Serotonergic	Martindale's 29th
Vasodilator	

## NIACIN

Leaf      84.0      350.0      3.07      \*

**Activities (39)**

Allergenic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg/day	
AntiMeniere's	Duke, J. A. Write ups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
AntiRaynaud's 1,500-4,000 mg/day	
Antiacrodynic	
Antiallergic 50 mg/2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antialzheimeran	
Antiambyopic	
Antianginal	
Anticataract	
Antichilblain	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticonvulsant 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia	
Antidermatitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic	
Antidysphagic	
Antiepileptic 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 50 mg	
Antihistaminic 50 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihyperactivity 1.5-6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomnic 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineuragic	
Antiparkinsonian 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipellagric	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiscotomic	
Antispasmodic 100 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antivertigo	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Circulotonic	
Fibrinolytic	
Hepatoprotective	
Hepatotoxic	
Hypocholesterolemic 50-100 mg 3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypoglycemic	
Hypolipidemic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Sedative	
Serotonergic	Martindale's 29th
Vasodilator	

### Activities (2)

Antimutagenic 250  
ug/ml

Antiviral      Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in *Artemisia annua*. *Plant Science*, 75: 161-165, 1991.

OCTACOSAN-1-OL

Leaf      --      --      Jim Duke's personal files.

OCTACOSANOL-1

Leaf      --      --      List, P.H. and Horhammer, L., Hager's Handbuch der  
Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin,  
1969-1979.

OLEIC-ACID

Seed      5120.0      11418.0      -0.89      USDA's Ag Handbook 8 and sequelae)

### Activities (18)

5-Alpha-Reductase-  
Inhibitor

Allergenic

Alpha-Reductase-  
Inhibitor

Anemiogenic

Antialopanic

Antiandrogenic

Antiinflammatory  
IC50=21 uM

Antileukotriene-D4  
IC50=21 uM

Cancer-Preventive      Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Choleretic 5 ml/man

Dermatitigenic

FLavor FEMA 1-30

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Hypocholesterolemic

Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Insectifuge

Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Irritant

Merck 11th Edition

Percutaneostimulant

Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. *Chem. Pharm. Bull.* 38(11): 3086-3089, 1990.

Perfumery

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Propecic

OLEIC-ACID

Leaf      --      --      Jim Duke's personal files.

### Activities (18)

5-Alpha-Reductase-  
Inhibitor

Allergenic

Alpha-Reductase-  
Inhibitor

Anemiogenic

Antialopanic

Antiandrogenic

Antiinflammatory  
IC50=21 uM

Antileukotriene-D4  
IC50=21 uM

Cancer-Preventive      Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Choleretic 5 ml/man

Dermatitigenic

FLavor FEMA 1-30

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Hypocholesterolemic

Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Insectifuge

Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Irritant

Merck 11th Edition

Percutaneostimulant

Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. *Chem. Pharm. Bull.* 38(11): 3086-3089, 1990.

Perfumery

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Propecic

OPCS

Leaf      --      --      Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

### Activities (25)

Antiallergic  
 Antianaphylactic  
 Antiasthmatic  
 Antiatherogenic  
 Antibacterial  
 Antibiotic  
 Antiedemic 2 x phenylbutazone  
 Antierythemic  
 Antie sudative  
 Antigastritic  
 Antihistaminic  
 Antiinflammatory  
 Antiobesity  
 Antioxidant  
 Antiradicular  
 Antiviral  
 Cancer-Preventive  
 Capillaritonic  
 Hyaluronidase-Inhibitor  
 Immunomodulator  
 Lipolytic  
 Pesticide  
 Sunscreen  
 Xanthine-Oxidase-Inhibitor IC50=>40

Hatano, T., Yasuhara, T., Yoshihara, R., Agata, I., Noro, T., and Okuda, T. 1989. Effects of Interaction of Tannins with Co-existing Substances.VII. Inhibitory Effects of Tannins Related Polyphenols on Xanthine Oxidase. *Chem. Pharm. Bull.* 38(5): 1224-1229

P-COUMARIC-ACID	Pollen Or Spore	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)
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#### Activities (25)

Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.
Allelopathic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antibacterial	<i>Pharmazie</i> , 46: 156, 1991.
Anticlastogen	
Antifertility	
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antinitrosaminic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antioxidant IC24=30 ppm	
Antioxidant 1/3 BHA	
Antiperoxidant IC50=>100 uM	<i>Planta Medica</i> , 57: A54, 1991.
Antiseptic	
Antispasmodic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antitumor	
Cancer-Preventive	
Chemopreventive	
Choleretic	
Cytotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Lipoxygenase-Inhibitor IC11=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem</i> . 38: 688-690.
Pesticide	
Prostaglandigenic	
Prostaglandin-Synthesis-Inhibitor	
Tyrosinase-Inhibitor ID50=3,650 uM	

#### P-CYMENE

Wood -- --

Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza glabra*. *Nippon Gogeikagaku Kaishi* 61(9): 1119-1122.

#### Activities (16)

Analgesic	Martindale's 28th
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Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide	
LD100=50 ug/ml	

## P-CYMENE

Essential --  
Oil

Jim Duke's personal files.

## Activities (16)

Analgesic	Martindale's 28th
Antiacetylcholinesterase	
IC40=1.2 mM	
Antibacterial	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide	
LD100=50 ug/ml	

## P-HYDROXY-BENZOIC-ACID

Leaf -- --

Jim Duke's personal files.

## Activities (13)

Antibacterial	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Phenolic Compounds in Food and Their Effects on Health, 65.
Antiradicular	
Antisickling 10.5 ug/ml	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Fungistat EC50=607 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Immunosuppressant	
Pesticide	
Phytoalexin	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Prostaglandigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Secretagogue	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

## P-HYDROXY-BENZOIC-ACID

Plant -- --

Tyler, V.E.. 1982. The Honest Herbal. George F. Stickley Co., Philadelphia PA. 263 pp.

## Activities (13)

Antibacterial	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.

Antiradicular					
Antisickling 10.5 ug/ml					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Fungistat EC50=607 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
Immunosuppressant					
Pesticide					
Phytoalexin	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
Prostaglandigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Secretagogue	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Ubiquit	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

P-TOLYL-PROPYLENE	Wood	--	--		Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.
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P-TOLYL-PROPYLENE	Essential Oil	--	--		Jim Duke's personal files.
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PALMITIC-ACID	Seed	2880.0	6422.0	-0.57	*
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#### Activities (13)

5-Alpha-Reductase-Inhibitor					
Antialopanic					
Antiandrogenic					
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.				
Antioxidant IC40=60					
FLavor FEMA 1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Hemolytic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.				
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)				
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
Pesticide					
Propecic					
Soap	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

PALMITIC-ACID	Fruit	--	--		Jim Duke's personal files.
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#### Activities (13)

5-Alpha-Reductase-Inhibitor					
Antialopanic					
Antiandrogenic					
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.				
Antioxidant IC40=60					
FLavor FEMA 1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Hemolytic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.				
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)				
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
Pesticide					
Propecic					
Soap	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

PALMITIC-ACID	Pollen Or Spore	--	--		Jim Duke's personal files.
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#### Activities (13)

5-Alpha-Reductase-Inhibitor					
Antialopanic					
Antiandrogenic					
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.				
Antioxidant IC40=60					
FLavor FEMA 1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				

Hypercholesterolemic Lubricant Nematicide Pesticide Propecic Soap	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
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PALMITIC-ACID Leaf -- 251000.0 4.49 Jim Duke's personal files.

#### Activities (13)

5-Alpha-Reductase-Inhibitor	
Antialopercic	
Antiandrogenic	
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.
Antioxidant IC40=60	
FLavor FEMA 1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hemolytic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Pesticide	
Propecic	
Soap	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

PALMITOLEIC-ACID Seed 790.0 1761.0 -0.26 USDA's Ag Handbook 8 and sequelae)

#### Activities (2)

5-Alpha-Reductase-Inhibitor	
Soap	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

PANTOTHENIC-ACID Seed 1.0 4.0 -1.33 USDA's Ag Handbook 8 and sequelae)

#### Activities (11)

Antiallergic 100-500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiarthritic 500-2,000 mg/day	
Anticephalagic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticlaudificant?	Martindale's 29th
Antidermatitic	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihypercholesterolemic 300 mg/méal	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihielus?	Martindale's 29th
Antiinsomniac?	Martindale's 29th
Antirheumatitic?	Martindale's 29th
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

PENTOSANS Leaf -- 55000.0 -1.0 List, P.H. and Horhammer, L, Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

PENTOSANS Seed -- 16000.0 -1.31 List, P.H. and Horhammer, L, Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

PHENYLALANINE Seed 1710.0 4660.0 -0.82 USDA's Ag Handbook 8 and sequelae)

#### Activities (7)

AntiADD 587 mg/day/orl	Martindale's 29th
Antidepressant 50-4,000 mg/day/man	
Antiparkinsonian 200-500 mg/day/man	Martindale's 28th
Antisickling 690 ug/ml	
Antivitiligo 100 mg/kg/day/orl/man	Martindale's 29th
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Tremoraeinic 1.600-12.600	Martindale's 28th

PHOSPHORUS		Leaf	1440.0	6000.0	0.19	*
<b>Activities (4)</b>						
Antosteoporotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Anxiolytic						
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Osteogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
PHOSPHORUS		Seed	1240.0	3268.0	-0.55	*
<b>Activities (4)</b>						
Antosteoporotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Anxiolytic						
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Osteogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
PINITOL		Leaf	--	--	--	*
<b>Activities (5)</b>						
Antidiabetic						
Antifeedant						
Expectorant FEA						
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.					
Pesticide						
POPULNIN		Pollen Or Spore	--	119.0		Jim Duke's personal files.
POPULNIN		Leaf	--	1.5		Jim Duke's personal files.
POPULNIN		Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
POTASSIUM		Leaf	2880.0	12000.0	-0.81	*
<b>Activities (14)</b>						
Angiotensin-Receptor-Blocker						
Antiarrhythmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antifatigue	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antihypertensive						
Antispasmodic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antistroke						
Anxiolytic						
Beta-Blocker						
Cardioprotective 3,000-5,000 mg						
Cardiotoxic 18,000 mg/man/day						
Diuretic						
Hypotensive						
Vasodilator						
POTASSIUM		Seed	5100.0	11394.0	-0.1	*
<b>Activities (14)</b>						
Angiotensin-Receptor-Blocker						
Antiarrhythmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antifatigue	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antihypertensive						
Antispasmodic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antistroke						
Anxiolytic						
Beta-Blocker						
Cardioprotective 3,000-5,000 mg						
Cardiotoxic 18,000 mg/man/day						
Diuretic						
Hypotensive						

PROANTHOCYANIDINS	Leaf	--	--	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.	
<b>Activities (34)</b>					
AntiCVI 100 mg/day/man					
Antialopelcic					
Antiatherosclerotic					
Antibacterial					
Antidiabetic				Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.	
Antiedemic 400 mg/kg/day orl rat					
Antihistaminic					
Antiischemic					
Antioxidant >Vit E-succinate					
Antioxidant 5 x Vit. E					
Antiperiodontal				Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).	
Antiplaque				Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).	
Antiproliferant					
Antiretinopathic					
Antiseptic					
Antistroke 200 mg/kg orl rat					
Antitumor					
Antiviral					
Beta-Glucuronidase-Inhibitor IC50=1 uM					
Capillariprotective					
Cardioprotective					
Collagenase-Inhibitor					
Collagenic					
Deodorant				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.	
Elastase-Inhibitor IC50=~4 uM					
Gram(+)icide					
Gram(-)icide					
Hepatoprotective					
Hyaluronidase-Inhibitor IC50+=50-80 uM					
Hypoglycemic				Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.	
Ornithine-Decarboxylase-Inhibitor					
Propeptic					
Vasodilator					
Vasorelaxant					
PROCYANIDIN	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . Nippon Gogeikagaku Kaishi 61(9): 1119-1122.	
<b>Activities (11)</b>					
AntiHIV					
Antiallergic					
Antibacterial					
Antibiotic					
Antiedemic					
Antieudative					
Antiviral					
Capillariprotective					
Hyaluronidase-Inhibitor					
Pesticide					
Xanthine-Oxidase-Inhibitor IC50=>40	Hatano, T., Yasuhara, T., Yoshihara, R., Agata, I., Noro, T., and Okuda, T. 1989. Effects of Interaction of Tannins with Co-existing Substances.VII. Inhibitory Effects of Tannins Related Polyphenols on Xanthine Oxidase. Chem. Pharm. Bull. 38(5): 1224-1229				
PRODELPHINIDIN	Leaf	--	--	*	
<b>Activities (1)</b>					
Antibiotic					
PROLINE	Seed	3470.0	9475.0	-0.37	USDA's Ag Handbook 8 and sequelae)

**Activities (6)**

Flavor FEMA 1-36,000	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide 2,500-36,000	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	
Pesticide	
Rubefacient	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

PROTEIN	Seed	43200.0	131000.0	-0.91	*
PROTEIN	Leaf	21600.0	90000.0	-1.22	*
PROTEIN-H	Seed	--	--		Jim Duke's personal files.
PROTOCATECHUIC-ACID	Leaf	--	--		Jim Duke's personal files.

**Activities (43)**

Allergenic	
Alpha-Glucosidase-Inhibitor	
AntiLegionella	
Antiarrhythmic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 407.
Antiasthmatic	
Antibacterial	Lamikanra, A., Ogundaini, A.O., and Ogungbamila*, F.O. Antibacterial Constituents of Alchornea cordifolia Leaves. Phytotherapy Research 4(5): 198.
Anticlastogen	
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiherpetic	
Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiischemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antileukemic	
Antimelanogenic ID60=0.5 uM/ml	
Antimutagenic	
Antiolethic	Economic & Medicinal Plant Research, 5: 363.
Antioxidant 2/3 quercetin	
Antioxidant 10 x alpha-tocopherol	
Antioxidant 1/2 BHT	
Antiperoxidant IC50=>100 uM	Planta Medica, 57: A54, 1991.
Antiperoxidant IC75=200 ug/ml	
Antiradicular	
Antiseptic	
Antispasmodic EC50=4.6-17 uM	Ortiz de Urbina, J.J., Martin, M.L., Sevilla, M.A., Montero, M.J., Carron, R., and San Roman, L. Antispasmodic Activity on Rat Smooth Muscle of Polyphenol Compounds Caffeic and Protocatechic Acids. Phytotherapy Research 4(2): 73, 1990.
Antitumor (Colon)	
Antitumor (Mouth)	
Antitumor (Skin)	
Antitussive	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
Antiviral	
Apoptotic	
Carcinogenic	
Cardioprotective	
Chemopreventive 100 ppm or rat	
Fungicide 500 ug/ml	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Glutathione-Depleting	
Hepatotoxic	
Immunostimulant	Economic & Medicinal Plant Research, 1: 124.
Nephrotoxic	
Pesticide	

Prostaglandinogenic				
Secretagogue	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.			
Tyrosinase-Inhibitor ID50=0.5 uM/ml				
Ubiquit	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			

PROTOCATECHUIC-ACID	Plant	--	--	Tyler, V.E.. 1982. <i>The Honest Herbal</i> . George F. Stickley Co., Philadelphia PA. 263 pp.
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#### Activities (43)

Allergenic				
Alpha-Glucosidase-Inhibitor				
AntiLegionella				
Antiarrhythmic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 407.			
Antiasthmotic				
Antibacterial	Lamikanra, A., Ogundaini, A.O., and Ogungbamila*, F.O. Antibacterial Constituents of Alchornea cordifolia Leaves. <i>Phytotherapy Research</i> 4(5): 198.			
Anticlastogen				
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Antiherpetic				
Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Antiischemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Antileukemic				
Antimelanogenic ID50=0.5 uM/ml				
Antimutagenic				
Antiolethic	Economic & Medicinal Plant Research, 5: 363.			
Antioxidant 2/3 quercetin				
Antioxidant 10 x alpha-tocopherol				
Antioxidant 1/2 BHT				
Antiperioxidant IC50=>100 uM	Planta Medica, 57: A54, 1991.			
Antiperioxidant IC75=200 ug/ml				
Antiradicular				
Antiseptic				
Antispasmodic EC50=4.6-17 uM	Ortiz de Urbina, J.J., Martin, M.L., Sevilla, M.A., Montero, M.J., Carron, R., and San Roman, L. Antispasmodic Activity on Rat Smooth Muscle of Polyphenol Compounds Caffeic and Protocatechic Acids. <i>Phytotherapy Research</i> 4(2): 73, 1990.			
Antitumor (Colon)				
Antitumor (Mouth)				
Antitumor (Skin)				
Antitussive	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.			
Antiviral				
Apoptotic				
Carcinogenic				
Cardioprotective				
Chemopreventive 100 ppm orl rat				
Fungicide 500 ug/ml	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.			
Glutathione-Depleting				
Hepatotoxic				
Immunostimulant	Economic & Medicinal Plant Research, 1: 124.			
Nephrotoxic				
Pesticide				
Phagocytotic	Economic & Medicinal Plant Research, 1: 124.			
Prostaglandinogenic				
Secretagogue	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.			
Tyrosinase-Inhibitor ID50=0.5 uM/ml				
Ubiquit	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			

PUFA	Seed	6180.0	13795.0	-0.7	USDA's Ag Handbook 8 and sequelae)
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#### Activities (4)

Antiacne		Martindale's 28th
Antieczemic		Martindale's 28th
Antipolyneuritic		Martindale's 28th
PYRUVIC-ACID	Pollen Or Spore	--
		--
		Jim Duke's personal files.
<b>Activities (1)</b>		
FLavor FEMA 1-110	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry	
QUERCETIN	Tissue Culture	--
		--
		Jim Duke's personal files.
<b>Activities (176)</b>		
11B-HSD-Inhibitor		
5-Lipoxygenase-Inhibitor IC50 ( $\mu$ M)=4		
ATPase-Inhibitor	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.	
Aldehyde-Oxidase-Inhibitor IC70-96=10 $\mu$ M		
Aldose-Reductase-Inhibitor 100 $\mu$ M		
Aldose-Reductase-Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110.	
Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow	Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387	
Aldose-Reductase-Inhibitor IC50=0.344 $\mu$ M	Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. Zhongguo Zhongyao Zazhi , 18(10): 623-624.	
Allelochemical IC82=1 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.	
Allergenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.	
Analgesic		
AntiCrohn's 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).	
AntiGTF ID50=120 ug/ml		
AntiHIV		
AntiPMS 500 mg/2x/day/wmn	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).	
Antiaflatoxin IC50=25 $\mu$ M		
Antiaflatoxin IC50=7.5 ppm		
Antiaggregant IC50=55 $\mu$ M	Economic & Medicinal Plant Research, 5: 333.	
Antiaggregant 30 $\mu$ M		
Antiaging		
Antiallergic IC50=14 $\mu$ M	Jim Duke's personal files.	
Antialzheimeran		
Antianaphylactic	Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. Phytotherapy Research 4(5): 201, 1990.	
Antiangiogenic		
Antiarthritic		
Antiasthmatic IC50=14 $\mu$ M		
Antiatherosclerotic		
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.	
Anticarcinomic (Breast) IC50=1.5 $\mu$ M	Medline (post 1990 searches filed in my computer)	
Anticariogenic ID50=120 ug/ml		
Anticataract		
Anticolic 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).	
Anticomplementary		
Anticystic 1,000 mg/day/4 weeks		
Antidepressant		
Antidermatitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).	
Antidiabetic		
Antielastase IC50=0.8 ug/ml		
Antinecephalitic	Economic & Medicinal Plant Research, 5: 199.	
Antiescherichic		
Antiestrogenic		
Antifeedant IC52=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.	

Antiflu	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antigastric	Rastisl'nye Resursy, 21: 85.
Antigonadotropic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihepatotoxic	Joyeux, M., Rolland, A., Fleurentin, J., Mortier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. <i>Planta Medica</i> 56(2): 171-173, 1990.
Antiherpetic 48-150 ug/ml	
Antihistaminic IC50=<10 uM	
Antihydrophobic	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antihypertensive	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory 20-150 mg/kg	Fitoterapia No.5-1990.
Antileishmanic IC50=64	
Antileukemic IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antileukemic IC50=>10 ug/ml	Life Sciences 55: 1061.
Antileukemic 5.5-60 uM	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilipoperoxidant IC67=50	
Antimalarial IC50=1-6.4 ug/ml	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antimelanomic	
Antimetastatic	
Antimutagenic ID50=2-5 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507. ACS, Washington 402 pp.
Antimutagenic ID50=0.62 ug/ml	
Antimyocarditic	Economic & Medicinal Plant Research, 5: 199.
Antinitrosaminic	
Antinociceptive	
Antioxidant IC96=300 ppm	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507. ACS, Washington 402 pp.
Antioxidant ED50=2.3 uM	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98.
Antioxidant 4.7 x Vit. E	
Antioxidant IC47=10 uM	
Antipancreatitis	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antiperiodontal	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiperistaltic	
Antipermeability	
Antiperoxidant	<i>Planta Medica</i> , 57: A110, 1991.
Antipharyngitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplaque	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplasmodial IC50=13-64	
Antipodriac	
Antipolio	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiproliferant 10 nM	
Antiprostanoid	
Antiprostatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular IC50=4.6 uM	<i>Planta Medica</i> , 56(6): 695, 1990.
Antispasmodic	
Antistreptococcic ID50=120 ug/ml	
Antithiamin	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithrombic	
Antitypanosomal IC50=13	
Antitumor 10 uM	
Antitumor (Bladder)	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	
Antitumor (Skin) 20 uM	
Antitumor-Promoter	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer	
Antiviral IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antiviral 48-150 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992.

Bacteristat 10 mg/ml	
Bradyocardiac	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
COMT-Inhibitor	
COX-2-Inhibitor <40 uM	
Calmodulin-Antagonist	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Capillariprotective	Merck 11th Edition
Carcinogenic 40,000 ppm (diet) mus	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Catabolic	
Copper-Chelator	
Cyclooxygenase-Inhibitor	
Cytochrome-P450-1A2-Inhibitor	
Cytotoxic ED50=70 ug/ml	Matsukawa, Y., et al. <i>The Effect of Quercetin and Other Flavonoids on Cell Cycle Progression and Growth of Human Gastric Cancer Cells</i> . <i>Planta Medica</i> , 56(6): 677, 1990.
Cytotoxic IC82=100 ug/ml	<i>Planta Medica</i> , 57: A113, 1991.
Deiodinase-Inhibitor	Jim Duke's personal files.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Differentiator 5.5 uM	
Estrogenic 10% genistein	
Fungicide	
Glucosyl-Transferase-Inhibitor ID50=120 ug/ml	
HIV-RT-Inhibitor IC50=<1 ug/ml	Nakane, H., Fukushima, M., and Ono*, K. <i>Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives</i> . <i>Journal of Natural Products</i> , 53(5): 1234-1240, 1990.
Hemostat	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Hepatomagenic 5,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. <i>Antioxidants &amp; Cancer Prevention</i> . Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Hepatoprotective	
Hypoglycemic 100 mg/kg orf rat	Ivorra, M.D., Paya, M., and Villar, A. 1989. <i>A Review of Natural Products and Plants as Potential Antidiabetic Drugs</i> . <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Inotropic	
Insulinogenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Juvabional	Lydon, J. & Duke, S., <i>The potential of pesticides from plants</i> , pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Larvistat 8,000 ppm diet	Lydon, J. & Duke, S., <i>The potential of pesticides from plants</i> , pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC11=1.25 mM	Oszmienski, J. and Lee, C.Y. 1990. <i>Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables</i> . <i>J. Agric. Food Chem.</i> 38: 688-690.
Lipoxygenase-Inhibitor IC50=0.1-5 uM	
MAO-A-Inhibitor	
MMP-9-Inhibitor 20 uM	
Mast-Cell-Stabilizer	
Metal-Chelator (Copper)	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. <i>Phenylpropanoids from Ballota nigra L. Inhibit in vitro LDL Peroxidation</i> . <i>Phytotherapy Research</i> , 14(2): 93-98.
Metalloproteinase-Inhibitor IC50=>42 uM	
Mutagenic	
NADH-Oxidase-Inhibitor	
NEP-Inhibitor IC50=>42 uM	
NF-kB-Inhibitor	
NO-Inhibitor IC>50=125 uM	
NO-Inhibitor IC50=20 uM	
NO-Synthase-Inhibitor 5-50 uM	
Neuroprotective 5-25 uM	
Ornithine-Decarboxylase-Inhibitor <10 uM	
P450-Inducer 5 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
P450-Inhibitor 50-100 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
PGE2-Inhibitor	
PTK-Inhibitor 0.4-24 uM	
Pesticide	
Phospholipase-Inhibitor	
Plasmodicide	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Proliferant	
Prostaglandin-Synthesis-Inhibitor 40 ug/ml	Ibewuike, J. C., Ogungbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. <i>Antiinflammatory and Antibacterial Activities of C-methylflavonol from Piliostigma thonningii</i> . <i>Phytotherapy Research</i> , 11(4): 281-284.
Protein-Kinase-C-Inhibitor	Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. <i>Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products</i> . <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.14.

Inducer 6 uM	Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216.
Quinone-Reductase-Inducer 13 uM	
TNF-alpha-Inhibitor IC50=3.11 uM	
Teratologic	
Topoisomerase-I-Inhibitor IC50=12.8 ug/ml	
Topoisomerase-I-Inhibitor IC50=42 uM	
Topoisomerase-II-Inhibitor IC50=1-6.9 ug/ml	
Topoisomerase-II-Inhibitor IC50=23-40 uM	
Tumorigenic 0.1% diet orl rat/yr	Jim Duke's personal files.
Tyrosinase-Inhibitor ID50=70 uM	
Tyrosine-Kinase-Inhibitor	Economic & Medicinal Plant Research, 6: 170.
VEGF-Inhibitor	
Vasodilator	
Xanthine-Oxidase-Inhibitor IC50=>0.4 ug/ml	Chem. & Pharm. Bull. 38: 1772.
Xanthine-Oxidase-Inhibitor IC50=10.6 ug/ml	
Xanthine-Oxidase-Inhibitor 3.1 uM	
cAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
iNOS-Inhibitor IC50=20 uM	

QUERCETIN	Leaf	--	--	List, P.H. and Horhammer, L, Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
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### Activities (176)

11B-HSD-Inhibitor	
5-Lipoxygenase-Inhibitor IC50 (uM)=4	
ATPase-Inhibitor	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Aldehyde-Oxidase-Inhibitor IC70-96=10 uM	
Aldose-Reductase-Inhibitor 100 uM	
Aldose-Reductase-Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.
Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow	Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. <i>Chem Pharm Bull</i> 43(8):1385-1387
Aldose-Reductase-Inhibitor IC50=0.344 uM	Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. <i>Zhongguo Zhongyao Zazhi</i> , 18(10): 623-624.
Allelochemical IC82=1 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Allergenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Analgesic	
AntiCrohn's 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiIGTF ID50=120 ug/ml	
AntiHIV	
AntiPMS 500 mg/2x/day/wmn	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaflatoxin IC50=25 uM	
Antiaflatoxin IC50=7.5 ppm	
Antiaggregant IC50=55 uM	Economic & Medicinal Plant Research, 5: 333.
Antiaggregant 30 uM	
Antiaging	
Antiallergic IC50=14 uM	Jim Duke's personal files.
Antialzheimeran	
Antianaphylactic	Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. <i>Phytotherapy Research</i> 4(5): 201, 1990.
Antiangiogenic	
Antiarthritic	
Antiasthmatic IC50=14 uM	
Antiatherosclerotic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Anticariogenic ID50=120 ug/ml

Anticataract

Anticolic 400 mg/man/3x/day Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Anticomplementary

Anticystitic 1,000 mg/day/4 weeks

Antidepressant

Antidermatitic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antidiabetic

Antielastase IC50=0.8 ug/ml

Antinecephalitic Economic & Medicinal Plant Research, 5: 199.

Antiescherichic

Antiestrogenic

Antifeedant IC52=<1,000 ppm diet Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.

Antifibrosarcomic

Antiflu Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.

Antigastric Rastitel'nye Resursy, 21: 85.

Antigonadotropic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antihepatotoxic Joyeux, M., Rolland, A., Fleurentin, J., Mortier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. *Planta Medica* 56(2): 171-173, 1990.

Antiherpetic 48-150 ug/ml

Antihistaminic IC50=<10 uM

Antihydrophobic Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.

Antihypertensive Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

Antiinflammatory 20-150 mg/kg Fitoterapia No.5-1990.

Antileishmanic IC50=64

Antileukemic IC50=10 uM Economic & Medicinal Plant Research, 5: 225.

Antileukemic IC50=>10 ug/ml Life Sciences 55: 1061.

Antileukemic 5.5-60 uM

Antileukotriene Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antilipoperoxidant IC67=50

Antimalarial IC50=1-6.4 ug/ml Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.

Antimelanomic

Antimetastatic

Antimutagenic ID50=2-5 nM Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.

Antimutagenic ID50=0.62 ug/ml

Antimyocarditic Economic & Medicinal Plant Research, 5: 199.

Antinitrosaminic

Antinociceptive

Antioxidant IC96=300 ppm Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.

Antioxidant ED50=2.3 uM Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from *Ballota nigra* L. Inhibit in vitro LDL Peroxidation. *Phytotherapy Research*, 14(2): 93-98.

Antioxidant 4.7 x Vit. E

Antioxidant IC47=10 uM

Antipancreatic Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.

Antiperiodontal Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiperistaltic

Antipermeability

Antiperoxidant Planta Medica, 57: A110, 1991.

Antipharyngitic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiplaque Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiplasmodial IC50=13-64

Antipodriac

Antipolio Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiproliferant 10 nM

Antiprostanoid

Antiprostatic Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.

Antipsoriac Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiradicular IC50=4.6 uM Planta Medica, 56(6): 695, 1990.

Antispasmodic

ID50=120 ug/ml	
Antithiamin	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithrombic	
Antitrypanosomic IC50=13	
Antitumor 10 uM	
Antitumor (Bladder)	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	
Antitumor (Skin) 20 uM	
Antitumor-Promoter	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer	
Antiviral IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antiviral 48-150 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992.
Apoptotic 20-60 uM	
Bacteristat 10 mg/ml	
Bradycardiac	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
COMT-Inhibitor	
COX-2-Inhibitor <40 uM	
Calmodulin-Antagonist	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Capillariprotective	Merck 11th Edition
Carcinogenic 40,000 ppm (diet) mus	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Catabolic	
Copper-Chelator	
Cyclooxygenase-Inhibitor	
Cytochrome-P450-1A2-Inhibitor	
Cytotoxic ED50=70 ug/ml	Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progression and Growth of Human Gastric Cancer Cells. <i>Planta Medica</i> , 56(6): 677, 1990.
Cytotoxic IC82=100 ug/ml	<i>Planta Medica</i> , 57: A113, 1991.
Deiodinase-Inhibitor	Jim Duke's personal files.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Differentiator 5.5 uM	
Estrogenic 10% genistein	
Fungicide	
Glucosyl-Transferase-Inhibitor ID50=120 ug/ml	
HIV-RT-Inhibitor IC50=<1 ug/ml	Nakane, H., Fukushima, M., and Ono*, K. Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives. <i>Journal of Natural Products</i> , 53(5): 1234-1240, 1990.
Hemostat	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Hepatomagenic 5,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Hepatoprotective	
Hypoglycemic 100 mg/kg or/l rat	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Inotropic	
Insulinogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Juvabional	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Larvistat 8,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC11=1.25 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Lipoxygenase-Inhibitor IC50=0.1-5 uM	
MAO-A-Inhibitor	
MMP-9-Inhibitor 20 uM	
Mast-Cell-Stabilizer	
Metal-Chelator (Copper)	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98.
Metalloproteinase-Inhibitor IC50=>42 uM	
Mutagenic	
NADH-Oxidase-Inhibitor	
NEP-Inhibitor IC50=>42 uM	
NF-kB-Inhibitor	
NO-Inhibitor IC>50=125	

NO-Inhibitor	IC50=20 uM
NO-Synthase-Inhibitor	50 uM
Neuroprotective	5-25 uM
Ornithine-Decarboxylase-Inhibitor	<10 uM
P450-Inducer	5 uM Father Nature's Farmacy: The aggregate of all these three-letter citations.
P450-Inhibitor	50-100 uM Father Nature's Farmacy: The aggregate of all these three-letter citations.
PGE2-Inhibitor	
PTK-Inhibitor	0.4-24 uM
Pesticide	
Phospholipase-Inhibitor	
Plasmodicide	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.
Proliferant	
Prostaglandin-Synthesis-Inhibitor	40 ug/ml Ibewuike, J. C., Ogungbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . <i>Phytotherapy Research</i> , 11(4): 281-284.
Protein-Kinase-C-Inhibitor	Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. Phenolic Compounds in Food and Their Effects on Health, Ch.14.
Quinone-Reductase-Inducer	6 uM Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216.
Quinone-Reductase-Inducer	13 uM
TNF-alpha-Inhibitor	IC50=3.11 uM
Teratologic	
Topoisomerase-I-Inhibitor	IC50=12.8 ug/ml
Topoisomerase-I-Inhibitor	IC50=42 uM
Topoisomerase-II-Inhibitor	IC50=1-6.9 ug/ml
Topoisomerase-II-Inhibitor	IC50=23-40 uM
Tumorigenic	0.1% diet orl rat/yr Jim Duke's personal files.
Tyrosinase-Inhibitor	ID50=70 uM
Tyrosine-Kinase-Inhibitor	Economic & Medicinal Plant Research, 6: 170.
VEGF-Inhibitor	
Vasodilator	
Xanthine-Oxidase-Inhibitor	IC50=>0.4 ug/ml Chem. & Pharm. Bull. 38: 1772.
Xanthine-Oxidase-Inhibitor	IC50=10.6 ug/ml
Xanthine-Oxidase-Inhibitor	3.1 uM
cAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
iNOS-Inhibitor	IC50=20 uM

QUERCETIN-3-O-RUTINOSIDE	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
QUERCETIN-3-O-(2'-O-BETA-D-GLUCOPYRANOSYL)-ALPHA-L-RHAMNO PYRANOSIDE	Leaf	--	2.8	Jim Duke's personal files.
QUERCETIN-3-O-(6''-O-P-COUMAROYL-BETA-D-GLUCOPYRANOSYL(1-2)ALPHA-L-RHAMNO PYRANOSIDE)	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-(6''-P-COUMAROYL-GLUCOSYL-BETA-1-4-RHAMNO PYRANOSIDE)	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-(6''-P-COUMAROYL-GLUCOSYL(1-2)RHAMNO SIDE)	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-(6''-P-COUMAROYL-GLUCOSYL-BETA(1-4)RHAMNO SIDE)	Leaf	--	21000.0	Jim Duke's personal files.
QUERCETIN-3-O-(ALPHA-RHAMNO SYL-(1-2)-ALPHA-RHAMNO SYL-(1-6))-BETA-GLUCOSIDE	Leaf	--	8000.0	Jim Duke's personal files.
QUERCETIN-3-O-(ALPHA-RHAMNO SYL-(1-2)-ALPHA-RHAMNO SYL-(1-6)-BETA-D-GLUCOSIDE)	Leaf	--	700.0	Jim Duke's personal files.
QUERCETIN-3-O-2'-6'-DI-O-RHAMNO PYRANOSYL-GLUCOPYRANOSIDE	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-ALPHA(6''-P-COUMAROYL-	Plant	--	--	*

QUERCETIN-3-O-ALPHA(6''-P-COUMAROYL-GLUCOSYL-BETA-1,4-RHAMNOside)	Leaf	--	20.0	Jim Duke's personal files.
QUERCETIN-3-O-ALPHA-(6''-P-COUMAROYL-GLUCOSYL-BETA-1-2-RHAMNOside)	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-ALPHA-L-RHAMNO-GLUCOSIDE	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-COUMAROYL-GLUCORHAMNOside	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-P-COUMAROYL-GLUCO-RHAMNOside	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-RHAMNO-GLUCOSYL(1-2)RHAMNO-GLUCOSIDE	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-O-[2'-O-6''-O-P-COUMAROYL]-BETA-D-GLUCOPYRANOSYL]-ALPHA-L-RHAMNO-GLUCOSYL-7-O-BETA-D-GLUCOSIDE	Leaf	--	40.0	Jim Duke's personal files.
QUERCETIN-3-O-[2'-O-6''-O-{P-(7'PYRANOSIDE)-O-BETA-D-GLUCOPYRANOSYL}-COUMAROYL]-BETA-D-GLUCOPYRANOSYL]-ALPHA-L-RHAMNO-GLUCOSIDE	Leaf	--	4.4	Jim Duke's personal files.
QUERCETIN-3-O-[6''-O-P-COUMAROYL-BETA-D-GLUCOSYL-(1-2)-ALPHA-L-RHAMNOside]	Leaf	--	--	Jim Duke's personal files.
QUERCETIN-3-RHAMNOGLUCOSIDE	Leaf	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

#### Activities (4)

Antiinflammatory	Pathak, D., Pathak, K., Singla*, A.K. 1991. Flavonoids as medicinal agents - Recent advances. <i>Fitoterapia</i> 62(5): 62, 1991.
Antispasmodic	
Choleretic	
Diuretic	

QUERCITRIN	Leaf	--	0.5	-0.62	Jim Duke's personal files.
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#### Activities (44)

ACE-Inhibitor IC50=0.67 mM/	
Aldose-Reductase-Inhibitor IC50=2 uM	Terashima, S., Shimizu, M., Nakayama, H., Ishikura, M., et al. 1990. Studies on Aldose Reductase Inhibitors from Medicinal Plant of 'Sinfito,' <i>Potentilla candicans</i> , and Further Synthesis of Their Related Compounds. <i>Chem. Pharm. Bull</i> 38(10):2733-2736, 1990
Aldose-Reductase-Inhibitor IC55=0.15 uM	
Aldose-Reductase-Inhibitor 0.1-100 uM	
Aldose-Reductase-Inhibitor 0.5-4 ug/ml	
Aldose-Reductase-Inhibitor IC50=64 uM rat	Al-Khalil, S. 1996. Inhibition of Lens Alkaloids Reductase by Protopine Alkaloids. <i>Saudi Pharm J</i> , 4(1): 45-47.
Aldose-Reductase-Inhibitor IC55=0.1 uM	
Antiarrhythmic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Anticataract	
Antiedemic	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antifeedant IC52=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antiflu	Leung, A.Y., <i>Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics</i> , John Wiley & Sons, New York, 1980.
Antihemorrhagic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antihepatotoxic	
Antiherpetic	Economic & Medicinal Plant Research, 5: 198.
Antiinflammatory	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antimutagenic ID50=2-5 nM	Phenolic Compounds in Food and Their Effects on Health. <i>Antioxidants &amp; Cancer Prevention</i> . Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antioxidant IC50=120 uM	
Antipurpuric	
Antispasmodic	
Antistaphylococcal 0.41%	
Antithrombogenic	
Antitumor	
Antiulcer	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.

CNS-Depressant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiotonic	
Choleretic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Cyclooxygenase-Activator 200 uM	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Detoxicant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Diuretic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Dye	Merck 11th Edition
Hemostat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hepatotonic	
Hypoglycemic	Economic & Medicinal Plant Research, 6: 189.
Hypotensive	
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
MAO-A-Inhibitor	
MAO-Inhibitor	
Paralytic	
Pesticide	
Vasopressor	

QUINIC-ACID	Leaf	--	--	*
<b>Activities (1)</b>				
Choleretic		Fitoterapia No.5-1986.		
<b>RAFFINOSE</b>				
	Wood	10000.0	20000.0	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of Glycyrrhiza-glabra. Nippon Gogeikagaku Kaishi 61(9): 1119-1122.
<b>Activities (1)</b>				
Flatogenic	Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek ( <i>Trigonella foenum graecum L.</i> ). Plant Foods for Human Nutrition. 46: 77-84, 1994.			
RAFFINOSE	Flower	--	40000.0	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<b>Activities (1)</b>				
Flatogenic	Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek ( <i>Trigonella foenum graecum L.</i> ). Plant Foods for Human Nutrition. 46: 77-84, 1994.			
RIBOFLAVIN	Leaf	0.3	1.2	-0.17 *
<b>Activities (15)</b>				
AntiLyme 50 mg/day				
Antiarabiflavinotic 2-10 mg/day orl	Martindale's 28th			
Anticarpal-Tunnel 50 mg/day				
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Anticephalitic				
Anticervicaldysplastic 1.6-10 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Anticheilitic				
Antidecubitic				
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antikeratitic				
Antimigraine				
Antioxidant				
Antipeplagic				
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
RIBOFLAVIN	Seed	1.0	3.0	-0.2 *
<b>Activities (15)</b>				
AntiLyme 50 mg/day				
Antiarabiflavinotic 2-10 mg/day orl	Martindale's 28th			
Anticarpal-Tunnel 50 mg/day				
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Anticephalitic				

Anticellitic					
Antidecubitic					
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antikeratitic					
Antimigraine					
Antioxidant					
Antipeplagic					
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				

RUTIN	Leaf	6.0	30000.0	0.86	Jim Duke's personal files.
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### Activities (87)

5-HT-Inhibitor					
Aldehyde-Oxidase-Inhibitor IC27-52=10 uM					
Aldose-Reductase-Inhibitor 100 uM					
Aldose-Reductase-Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.				
Allelochemical					
AntiCVI 270 mg/man/day					
Antiaggregant ED50=33 nmol/kg iv					
Antiallergic					
Antiapoplectic					
Antiatherogenic					
Antiatherosclerotic					
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Anticancer					
Anticapillary-Fragility 20-100 mg orl man	Merck 7th Ed.				
Anticataract					
Anticlastogen					
Anticonvulsant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.				
Antidementia	Bruneton, J. 1999. Pharmacognosy, Phytochemistry, Medicinal Plants. 2nd Ed. Lavoisier Publishing, Paris. 1119 pp.				
Antidermatitic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.				
Antidiabetic	Jin, G-Z., Yamagata, Y., and Tomita, K-i. 1989. Structure of Rutin Pentamethanol. <i>Chem. Pharm. Bull.</i> 38(2): 297-300, 1990.				
Antiedemic 270 mg/day orl man					
Antiyrythemic					
Antifeedant					
Antiglaucomic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antihematuric					
Antihemorrhoidal					
Antihepatotoxic	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Antihelminthic	Economic & Medicinal Plant Research, 5: 198.				
Antihistaminic					
Antihypertensive	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.				
Antiinflammatory 20 mg/kg					
Antimalarial IC50=>100 ug/ml	Khalid, S.A., Farouk, A., Geary**, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using <i>Plasmodium falciparum</i> *. <i>Journal of Ethnopharmacology</i> , 15: 201-209, 1986.				
Antimelanomic					
Antimetastatic					
Antimutagenic ID50=2-5 nM					
Antinephritic					
Antinociceptive					
Antioxidant IC28=30 ppm					
Antioxidant IC50=120 uM					
Antioxidant IC54=10 uM					
Antiperioxidant IC50=10-20 uM					
Antiplatelet					
Antiproliferant 50-75 uM/l					
Antiprotozoal					
Antipurpuric					
Antiradicular 9 x quercetin					
Antispasmodic					

Antithrombogenic	
EC50=500 nM	
Antithyroid IC50=68 uM	
Antitrypanosomic 100 mg/kg	Planta Medica, 57: A44, 1991.
Antitumor	
Antitumor-Promoter	
Antiulcer	
Antivaricose	
Antiviral	
Apoptotic 75 uM/l	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Capillariprotective	Merck 11th Edition
Catabolic	
Chemopreventive	
Cytoprotective IC50=3 uM	
Estrogenic?	Economic & Medicinal Plant Research, 6: 189.
Hemostat	
Hepatomagenic 20,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Hepatoprotective 20 mg/kg rat	
Hypocholesterolemic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Hypotensive	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Immunomodulator	
Insecticide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat IC95=4,000-8,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC75=2.5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.
Mutagenic	Economic & Medicinal Plant Research, 6: 189.
Myoprotective	
Myorelaxant	Economic & Medicinal Plant Research, 6: 189.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
PAF-Inhibitor	
Pesticide	
Protisticide	
Radioprotective	
Sunscreen	
Topoisomerase-II-Inhibitor IC50=1 ug/ml	Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. Antimicrobial Agents & Chemotherapy, 41: 992-998.
Vasodilator	
Vasopressor	
CAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

RUTIN	Plant	--	--	Tyler, V.E.. 1982. The Honest Herbal. George F. Stickley Co., Philadelphia PA. 263 pp.
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5-HT-Inhibitor	
Aldehyde-Oxidase-Inhibitor IC27-52=10 uM	
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Aldose-Reductase-Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110.
Allelochemical	
AntiCVI 270 mg/man/day	
Antiaggregant ED50=33 nmol/kg iv	
Antiallergic	
Antiapoplectic	
Antiatherogenic	
Antiatherosclerotic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticancer	
Anticanicular-Fragility 20-	Merck 7th Ed.

Anticataract	
Anticlastogen	
Anticonvulsant	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antidementia	Bruneton, J. 1999. <i>Pharmacognosy, Phytochemistry, Medicinal Plants</i> . 2nd Ed. Lavoisier Publishing, Paris. 1119 pp.
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Antiedemic 270 mg/day orl man	
Antierythemic	
Antifeedant	
Antiglaucomic 60 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
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Antihemorrhoidal	
Antihepatotoxic	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
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Antihistaminic	
Antihypertensive	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory 20 mg/kg	
Antimalarial IC50=>100 ug/ml	Khalid, S.A., Farouk, A., Geary**, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using <i>Plasmodium falciparum</i> *. <i>Journal of Ethnopharmacology</i> , 15: 201-209, 1986.
Antimelanomic	
Antimetastatic	
Antimutagenic ID50=2-5 nM	
Antinephritic	
Antinociceptive	
Antioxidant IC28=30 ppm	
Antioxidant IC50=120 uM	
Antioxidant IC54=10 uM	
Antiperoxidant IC50=10- 20 uM	
Antiplatelet	
Antiproliferant 50-75 uM/l	
Antiprotozoal	
Antipurpuric	
Antiradicular 9 x quercetin	
Antispasmodic	
Antisunburn	
Antithrombogenic EC50=500 nM	
Antithyroid IC50=68 uM	
Antitrypanosomic 100 mg/kg	Planta Medica, 57: A44, 1991.
Antitumor	
Antitumor-Promoter	
Antiulcer	
Antivaricose	
Antiviral	
Apoptotic 75 uM/l	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Capillaroprotective	Merck 11th Edition
Catabolic	
Chemopreventive	
Cytoprotective IC50=3 uM	
Estrogenic?	Economic & Medicinal Plant Research, 6: 189.
Hemostat	
Hepatomagenic 20,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. <i>Antioxidants &amp; Cancer Prevention</i> . Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507 ACS, Washington 402 pp.
Hepatoprotective 20 mg/kg rat	
Hypocholesterolemic	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Hypotensive	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Immunomodulator	
Insecticide	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
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Juvabional	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat IC95=4,000- 8,000 ppm diet	Lydon, J. & Duke, S., <i>The potential of pesticides from plants</i> , pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Linoxvenase-Inhibitor	Oszmianski, I. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>I. Afric. Food Chem.</i> 38: 688-690.

Mutagenic	Economic & Medicinal Plant Research, 6: 189.
Myoprotective	
Myorelaxant	Economic & Medicinal Plant Research, 6: 189.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
PAF-Inhibitor	
Pesticide	
Protisticide	
Radioprotective	
Sunscreen	
Topoisomerase-II-Inhibitor IC50=1 ug/ml	Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. <i>Antimicrobial Agents &amp; Chemotherapy</i> , 41: 992-998.
Vasodilator	
Vasopressor	
cAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

SCIADOPITYSIN	Leaf	--	--	*
<b>Activities (3)</b>				
Antiedemic 1/3 indomethacin				
Antiinflammatory 1/3 indomethacin				
Antioxidant IC37=0.5 ug/ml				
SELENIUM	Leaf	0.5	2.0	-0.23
<b>Activities (60)</b>				
AP-1-Inhibitor 2-50 uM				
Analgesic 200 ug/day				
Anorexic				
AntiHIV				
AntiNF-kB				
Antiacne 200 ug/day				
Antiaggregant				
Antiangiogenic 2 uM				
Antiangiogenic 230 ug/kg or rat				
Antiarthritic				
Antiasthmatic				
Antiatherosclerotic				
Anticataract 400 ug/day				
Anticirrhotic				
Anticlimacteric 200 ug/day				
Anticorony 200 ug/day				
Antidandruff				
Antidepressant 200 ug/day				
Antidote (Mercury)				
Antifibrotic 400 ug				
Antigout 200 ug				
Antikeshan				
Antileukemic 1.6 mg/kg ipr mus				
Antileukotriene				
Antimaculitic				
Antimelanomic 480 ug/kg				
Antimenopausal 200 ug/day				
Antimetastatic 480 ug/kg				
Antimyalgic 200 ug/day				
Antioste oarthritis				
Antioxidant 100-200 (-400) ug/man/day				
Antiparkinsonian 200-400 ug/day				
Antiproliferant 2 uM				
Antiradicular 100-200 (-400) ug/man/day				
Antirheumatic				
Antisyndrome-X 100-200 (-400) ug/man/day				
Antitumor 100-200 (-400)				

Antitumor (Breast) 333.6 ug/day	
Antitumor (Breast) 0.8 mg/kg scu mus	
Antitumor (Breast) 150 ug/kg diet rat	
Antitumor (Breast) 230 ug/kg orl rat	
Antitumor (Lung) 240 ug/kg diet	
Antitumor (Prostate)	
Antitumor (brain) 38-150 ug/kg	
Antiulcerogenic	Rafatullah, S., Tariq, M., Al-Yahya, M.A., Mossa, J.S., and Ageel, A.M. 1989. Evaluation of Turmeric ( <i>Curcuma longa</i> ) for Gastric and Duodenal Antiulcer Activity in Rats. <i>J. of Ethnopharmacology</i> , 29: 25-34, 1990.
Anxiolytic	
Apoptotic	
Cancer-Preventive	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Cardioprotective 200 ug/day	
Depressant	Cooper-Driver, G. A. Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. <i>CRC Handbook of Naturally Occurring Food Toxicants</i> , CRC Press, Boca Raton, 1983, 339 pp.
Fungicide	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Immunomodulator	
Immunostimulant 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
NF-kB-Inhibitor	
Ornithine-Decarboxylase-Inhibitor	
Pesticide	
Polyamine-Synthesis-Inhibitor	
Prostaglandin-Sparer	Fujita, T., Nakatani, E., Funaishi, N., Sakuma, S., Fujimoto, Y. Potent inhibition of prostaglandin inactivation in rabbit gastric antral mucosal slices by selenium ions in-vitro. <i>J. Pharm. Pharmacol.</i> 42: 655-657, 1990.
Protein-Kinase-C-Inhibitor IC50=2-50 uM	
VEGF-Inhibitor	

SEQUOJAFLAVONE	Leaf	--	--		*
SEQUOYTOL	Leaf	--	--		*
SEQUOYTOL	Pollen Or Spore	--	31.0		Jim Duke's personal files.
SERINE	Seed	2900.0	7935.0	-0.51	USDA's Ag Handbook 8 and sequelae)

#### Activities (1)

Cancer-Preventive      Stitt, P. A. *Why George Should Eat Broccoli*. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

SFA	Seed	3190.0	7120.0	-0.51	USDA's Ag Handbook 8 and sequelae)
SHIKIMIC-ACID	Leaf	--	--		*

#### Activities (14)

Analgesic	
Anticancer	
Anticonvulsant	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Antioxidant 7 x quercetin	
Antiradicular 7 x quercetin	
Antispasmodic	Grenand, P., Moretti, C., and Jacquemin, H. 1987. <i>Pharmacopees Traditionnelles en Guyane</i> . l'ORSTROM, Paris. 569 pp.
Antitumor	
Antitumor-Promoter	
Bruchifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Cancer-Preventive	
Carcinogenic	Merck 11th Edition
Ileorelaxant	
Mutagenic	
Pesticide	

SILICON	Leaf	0.5	2.0	-0.41	*
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#### Activities (4)

Antiarteriosclerotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antionycholytic	
Antiosteoporotic	
Cardioprotective	

SITOSTEROL		Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
SODIUM		Seed	70.0	160.0	-0.46	*
<b>Activities (1)</b>						
Hypertensive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
<b>Activities (1)</b>						
Hypertensive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
SPINASTEROL		Plant	--	--		J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
STARCH		Seed	407400.0	680000.0	1.5	*
<b>Activities (5)</b>						
Absorbent	Martindale's 29th					
Antidote (Iodine)	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.					
Antinesidioblastosic	Martindale's 29th					
Emollient	Martindale's 29th					
Poultice	Martindale's 29th					
STEARIC-ACID		Pollen Or Spore	--	--		Jim Duke's personal files.
<b>Activities (8)</b>						
5-Alpha-Reductase-Inhibitor						
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.					
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry					
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)					
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.					
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry					
Propecic						
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.					
STEARIC-ACID		Seed	160.0	357.0	-0.56	USDA's Ag Handbook 8 and sequelae)
<b>Activities (8)</b>						
5-Alpha-Reductase-Inhibitor						
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.					
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry					
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)					
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.					
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry					
Propecic						
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.					
STIGMASTEROL		Pollen Or Spore	--	--		*
<b>Activities (12)</b>						
Antihepatotoxic						
Antiinflammatory	Lawrence Review of Natural Products, 1995					
Antinociceptive						
Antiophidic 2.3 mg ipr mus	Economic & Medicinal Plant Research, 5: 363.					
Antioxidant IC33=10 uM						
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991.					
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990.					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.					

Hypocholesterolemic Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.  
Ovulant  
Sedative

STIGMASTEROL Leaf -- -- Jim Duke's personal files.

#### Activities (12)

Antihepatotoxic  
Antiinflammatory Lawrence Review of Natural Products, 1995  
Antinociceptive  
Antiphidic 2.3 mg ipr Economic & Medicinal Plant Research, 5: 363.  
mus  
Antioxidant IC33=10 uM  
Antiviral Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in *Artemisia annua*. *Plant Science*, 75: 161-165, 1991.  
Artemicide Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of *Melodorum fruticosum*. *Phytochemistry*, 29(5): 1667-1670. 1990.  
LC50=110 ppm  
Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.  
Estrogenic  
Hypocholesterolemic Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.  
Ovulant  
Sedative

SUCCINIC-ACID Leaf -- -- Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of *Glycyrrhiza-glabra*. *Nippon Gogeikagaku Kaishi* 61(9): 1119-1122.

#### Activities (7)

Additive FEMA 200-2,000 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  
Antifeedant  
Bruchiphobe Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.  
Dye Merck 11th Edition  
Perfumery Merck 11th Edition  
Pesticide

SUCCINIC-ACID Pollen Or -- -- Jim Duke's personal files.  
Spore

#### Activities (7)

Additive FEMA 200-2,000 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  
Antifeedant  
Bruchiphobe Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.  
Dye Merck 11th Edition  
Perfumery Merck 11th Edition  
Pesticide

SUCROSE Wood 10000.0 20000.0 List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

#### Activities (14)

Aggregant Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
Antihiccup 1 tsp Martindale's 29th  
Antiphthalmic Martindale's 29th  
Antioxidant Merck 11th Edition  
Atherogenic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
Collyrium Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
Demulcent Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
Flatogenic Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek (*Trigonella foenum graecum* L.). *Plant Foods for Human Nutrition*, 46: 77-84, 1994.  
Hypercholesterolemic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
Preservative Merck 11th Edition  
Sweetener 1 x sucrose Merck 11th Edition  
Triglycerigenic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
Uricogenic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

SUCROSE	Seed	--	3600.0	-0.65	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
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#### Activities (14)

Aggregant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antihiccup 1 tsp	Martindale's 29th
Antiophthalmic	Martindale's 29th
Antioxidant	Merck 11th Edition
Atherogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Collyrium	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Demulcent	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Flatugenic	Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek ( <i>Trigonella foenum graecum</i> L.). Plant Foods for Human Nutrition, 46: 77-84, 1994.
Hypercholesterolemic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Preservative	Merck 11th Edition
Sweetener 1 x sucrose	Merck 11th Edition
Triglycerigenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Uricogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Vulnerary	Martindale's 29th

#### SYRINGETIN-3-O-RUTINOSIDE

Leaf -- 1.4 \*

#### TANNIN

Leaf -- -- Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

#### Activities (35)

Anthelmintic	
AntiHIV	
Antibacterial	
Anticancer	
Anticariogenic	
Antidiarrheic	
Antidysenteric	
Antihepatotoxic	
Antihypertensive	
Antilipolytic	
Antimutagenic	
Antinephritic	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.
Antiofvidic	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC50=1.44 ug/ml	
Antioxidant 1/3 quercetin	
Antiradicular 500 mg/kg/day orl mus	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.
Antiradicular 1/3 quercetin	
Antirenitic	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.
Antitumor	
Antitumor-Promoter	
Antiulcer	
Antiviral	
Cancer-Preventive	HerbalGram No. 22 - Spring 1990, page 14.
Carcinogenic	
Chelator	
Cyclooxygenase-Inhibitor	
Glucosyl-Transferase-Inhibitor	
Hepatoprotective	
Immunosuppressant	
Lipoxygenase-Inhibitor	
MAO-Inhibitor	
Ornithine-Decarboxylase-	

Pesticide  
 Psychotropic Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G.-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. *Chem. Pharm. Bull.* 38(4): 1049-1052, 1990.

Xanthine-Oxidase-Inhibitor

TERPENE-TRILACTONES	Leaf	--	2660.0	*	
THIAMIN	Seed	2.0	5.0	-0.38	USDA's Ag Handbook 8 and sequelae)

#### Activities (31)

Analgesic 1-4 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
AntiLyme 50 mg	
Antialcoholic 50-100 mg/day	
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antibackache 1-4 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiberiberi	
Anticanker	
Anticardiospasmic	
Anticataract	
Anticolic	
Antidecubitic	
Antideliriant	
Antidementia	
Antidiarrheic	
Antidyspeptic	
Antiecephalopathic	Martindale's 29th
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antigastric	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antihangover 50 mg	
Antiheartburn	
Antiherpetic	
Antimigraine	
Antimyocarditic	
Antineuragic 1-4 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antineurasthenic	
Antineuritic	
Antineuropathic 50 mg	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antipoliomyelic	
Insectifuge 75-150 mg/man/day	Martindale's 28th
Neuroprotective	
Pesticide	

THIAMINE	Leaf	0.5	2.0	-0.78	*
THREONINE	Seed	2680.0	7300.0	-0.19	USDA's Ag Handbook 8 and sequelae)

#### Activities (4)

Antioxidant?	
Antiulcer	Martindale's 29th
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
FLavor FEMA 1,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

THYMOL	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
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#### Activities (71)

Acaricide	
Allergenic	
Analgesic	Madaus, G. 1976. <i>Lehrbuch der Biologischen Hilfsmittel</i> . Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Ancylostomicide	Madaus, G. 1976. <i>Lehrbuch der Biologischen Hilfsmittel</i> . Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Anesthetic	Madaus, G. 1976. <i>Lehrbuch der Biologischen Hilfsmittel</i> . Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Ankylostomacide	Madaus, G. 1976. <i>Lehrbuch der Biologischen Hilfsmittel</i> . Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.

	CO., Ltd., Essex UK, 302 pp, 1988, reprint 1995.
Antiacne	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Antiaggregant IC50=0.75	Tramil, 42: 511.
Antialzheimeran?	L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.
Antiarthritic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Antiatherosclerotic IC50=4 $\mu$ M	
Antibacterial MIC=50-400 ug/ml	
Antibronchitic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Anticariogenic MIC=200- 400 ug/ml	
Anticholinesterase	L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.
Antihalitosis	American Health, 12(4): 17, 1993.
Antiherpetic	Martindale's 28th
Antiinflammatory (=indomethacin)	
Antilepric	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Antimelanomic IC50=120 uM/l	
Antine urtic	
Antioxidant 100 ppm	Martindale's 28th
Antioxidant (LDL) IC50=4 uM	
Antiperiodontic MIC=50- 200 ug/ml	
Antiplaque MIC=39-625 ug/ml	Osawa, K., Matsumoto, T., Maruyama, T., Takiguchi, T., Okuda, K., and Takazoe, I. Studies of the antibacterial activity of plant extracts and their constituents against periodontopathic bacteria. Bull Tokyo Dent. Coll., 31 (1), 1990, 17-21
Antiradicular EC=60	Jimenez, J., Navarro, M.C., Montilla, M.P., Martin, A. and Martinez, A. 1993. Thymus zygis Oil: Its Effects on CCl4-Induced Hepatotoxicity and Free Radical Scavenger Activity. JEOS: 153-8.
Antirheumatic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antisalmonella	
Antiseptic 20 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antispasmodic	
Antistaphylococci	
Antistreptococci MIC=200-400 ug/ml	
Antitrichinosic 5%	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Antitussive	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Ataxigenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Candidicide 100 ug/ml (>Nystatin)	
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Counterirritant	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Culicide LC50=36-49 mg/l	
Cyclooxygenase-Inhibitor (=indomethacin)	
Dentifrice	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Deodorant	Martindale's 28th
Dermatitogenic	
Enterorelaxant	J. Aromatherapy 4: 22.
Enterotoxic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Expectorant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
FLavor FEMA 2-100	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Merck 11th Edition
Gastroirritant	Martindale's 29th
Gram(+)icide MIC=200- 400 ug/ml	
Gram(-)icide MIC=50-200 ug/ml	
Insecticide LC50=36-49 mg/l	
Insecticide 0.22 uM/fly	
Insectifuge	
Irritant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Laricide 10 ppm	Berenbaum, M. R., The natives knew, Chemtech, (May), 1990, 275-279.
Laricide 58 ppm	
Laricide LC50=36-49 mg/l	
Molluscicide	
Myorelaxant	J. Aromatherapy 4: 22.

Perfumery	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Sprout-Inhibitor	Duke, J.A.. Personal Communication.
Tracheorelaxant	
Trichomonicide	
LD100=25 ug/ml	
Urinary-Antiseptic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Varroacide	
Vermicide	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.

TRANS-LINALOL-OXIDE	Wood	--	--	*	
TRANS-LINALOOL-OXIDE	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . Nippon Gogeikagaku Kaishi 61(9): 1119-1122.	
TRANS-LINALOOL-OXIDE	Essential Oil	--	--	Jim Duke's personal files.	
TRANS-NEOXANTHIN	Tissue Culture	--	--	Jim Duke's personal files.	
TRANS-VIOLAXANTHIN	Tissue Culture	--	--	Jim Duke's personal files.	
TRICETIN	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . Nippon Gogeikagaku Kaishi 61(9): 1119-1122.	
TRYPTOPHAN	Seed	710.0	1940.0	-0.47	USDA's Ag Handbook 8 and sequelae)

#### Activities (29)

Analgesic 750 mg/4x/day/orl/man	Martindale's 29th
Antianxiety 500-1,000 mg/meal	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidepressant 1-3 g/3x/day/orl/man	Martindale's 29th
Antidyskinetic 2-8 g/orl/wmn/day	Martindale's 29th
Antihypertensive	J. Agri. & Food Chemistry, 36: 1079.
Antiinsomniac 1-3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimanic 12 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimigraine 500 mg/mán/4x/day	Martindale's 29th
Antioxidant 125 ug/ml	
Antiparkinsonian 2 g 3 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiphenylketonuric	Martindale's 29th
Antiprostaglandin 250 pg/ml	
Antipsychotic 12 g/man/day	Martindale's 29th
Antirheumatic	Martindale's 29th
Antiscoliotic	
Carcinogenic	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, Londón. 791 pp.
Hypnotic	Martindale's 29th
Hypoglycemic	Economic & Medicinal Plant Research, 6: 157.
Hypotensive 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Insulinase-Inhibitor	Economic & Medicinal Plant Research, 6: 157.
Insulinotonic	J. Agri. & Food Chemistry, 36: 1079.
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prolactinogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Sedative 3-10 g/man/day	
Serotonergic 6-12 g/day/orl/mán	Martindale's 28th
Tumor-Promoter	J. Agri. & Food Chemistry, 36: 1079.

TYROSINE	Seed	610.0	1665.0	-1.41	USDA's Ag Handbook 8 and sequelae)
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#### Activities (8)

Antidepressant?

Antiparkinsonian 100 mg/kg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiphencyketonuric	Martindale's 29th
Antiulcer 256 mg scu	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Antiulcer 400 mg/kg ipr rat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

UROSHIOLS	Leaf	--	--	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
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VALERIANIC-ACID	Fruit	--	--	List, P.H. and Horhammer, L, Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
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#### Activities (1)

Antispasmodic

VALINE	Seed	2830.0	7730.0	-0.53	USDA's Ag Handbook 8 and sequelae)
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#### Activities (3)

Antinecephalopathic

Martindale's 29th

Essential

FLavor FEMA 1,000-2,000

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

VANILLIC-ACID	Plant	--	--	Tyler, V.E.. 1982. The Honest Herbal. George F. Stickley Co., Philadelphia PA. 263 pp.
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#### Activities (24)

Aldose-Reductase-Inhibitor 100 uM/l

Allelopathic

Anthelmintic

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antibacterial 1.5-15 mg/ml

Recio, M. C., Rios, J. L., and Villar, A., A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988, Phytotherapy Research, 3(4), 1989, 117-125.

Anticancer

Antifatigue

Antiinflammatory

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antileukemic IC50=25-56 ug/ml

Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.

Antioxidant IC21=30 ppm

Antioxidant 1/3 BHA

Antiperoxidant IC15-65=100-200 ug/ml

Antiradicular 7 x quercetin

Antiseptic

Antisickling Planta Medica, 56(6): 681, 1990.

Antitumor

Antitumor-Promoter

Ascaricide

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Choleretic

Fungicide

Immunosuppressant

Laxative =ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp

Pesticide

Ubiquiot

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

VANILLIC-ACID	Leaf	--	--	Jim Duke's personal files.
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#### Activities (24)

Aldose-Reductase-Inhibitor 100 uM/l

Allelopathic

Anthelmintic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791

Antibacterial 1.5-15 mg/ml	Recio, M. C., Rios, J. L., and Villar, A. A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988, <i>Phytotherapy Research</i> , 3(4), 1989, 117-125.
Anticancer	
Antifatigue	
Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antioxidant IC21=30 ppm	
Antioxidant 1/3 BHA	
Antiperoxidant IC15-65=100-200 ug/ml	
Antiradicular 7 x quercetin	
Antiseptic	
Antisickling	Planta Medica, 56(6): 681, 1990.
Antitumor	
Antitumor-Promoter	
Ascaricide	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic	
Fungicide	
Immunosuppressant	
Laxative	=ICMR(Indian Council of Medical Research).1976. <i>Medicinal Plants of India</i> .Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987. <i>Medicinal Plants of India</i> .Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Pesticide	
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.

VIOLAXANTHIN	Leaf	--	--	Jim Duke's personal files.	
<b>Activities (2)</b>					
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
WATER	Seed	124000.0	552000.0	1.24	USDA's Ag Handbook 8 and sequelae)
WATER	Leaf	--	760000.0	-0.24	*
WAX	Leaf	7000.0	10000.0	0.51	*
XYLOSE	Wood	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.	

Z,Z,4,4'-(1,4-PENTADIEN-1,5-DIYL)DIPHENOL	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
ZEAXANTHIN	Tissue Culture	--	--	Jim Duke's personal files.
<b>Activities (3)</b>				
Antidiabetic				
Diagnostic		Martindale's 28th		
Dye		Merck 11th Edition		

Z,Z,4,4'-(1,4-PENTADIEN-1,5-DIYL)DIPHENOL	Leaf	--	--	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
ZEAXANTHIN	Tissue Culture	--	--	Jim Duke's personal files.
<b>Activities (5)</b>				
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.			
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.			
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Hepatoprotective				
Quinone-Reductase-Inducer	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.			

ZINC	Leaf	0.6	2.3	-0.51	*
<b>Activities (77)</b>					
ACE-Inhibitor					
Analgesic					
AntiIBPH 25-60 mg/day					

AntiHIV	
Antiacne 135 mg/day	
Antiacrodermatitic 8-34 mg/day/orl/chd	Martindale's 29th
Antialcoholic	
Antialopellic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antialzheimeran 50 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiangiogenic	
Antianorexic	Martindale's 29th
Antiarthritic 50 mg/3x/day/orl/man	
Anticanker 100 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anticataract 30 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anticoeliac	Martindale's 28th
Anticold 50 mg	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticolitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticorony 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antidandruff	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antideementia	
Antidiabetic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Cadmium)	Let's Live, May 1989.
Antidisgeuzic	
Antieczemic 150 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiencephalopathic	Martindale's 29th
Antiepileptic 100 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antifibrotic 30 mg	
Antifuruncular 45 mg/3x/day/man	Martindale's 28th
Antihangover 15 mg	
Antiherpetic? 25-60 mg/day	
Antiimpotence	Martindale's 29th
Antiinfective 50 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiinfertility 60 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antileptic	Martindale's 29th
Antileukonychic	
Antilymphomic	
Antimaculitic	
Antimetastatic	
Antineuropathic	
Antinyctalopic	
Antiobesity 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antosteoporotic	
Antiperodontitic	
Antiplaque	Martindale's 29th
Antiprolactin	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatitic 50 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiseptic 50 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antispare-Tire 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antistomatitic 50 mg/man/3x/day	Martindale's 28th
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnititic 60-120 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	

Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Leptogenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. <i>J. Pharm. Pharmacol.</i> 42: 657-659, 1990.
NF-kB-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Testosteronogenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th

ZINC	Seed	3.0	8.0	-1.05	USDA's Ag Handbook 8 and sequelae)
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### Activities (77)

ACE-Inhibitor	
Analgesic	
AntiBPH 25-60 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiCrohn's	
AntiHIV	
Antiacne 135 mg/day	Martindale's 29th
Antiacrodermatitic 8-34 mg/day/orl/chd	
Antialcoholic	
Antialopecic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antialzheimeran 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiangiogenic	
Antianorexic	Martindale's 29th
Antiarthritic 50 mg/3x/day/orl/man	
Anticanker 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 30 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticoeliac	Martindale's 28th
Anticold 50 mg	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticolic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticoronal 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidementia	
Antidiabetic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Cadmium)	Let's Live, May 1989.
Antidysgeuzic	
Antieczemic 150 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiencephalopathic	Martindale's 29th
Antiepileptic 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antifibrotic 30 mg	
Antifuruncular 45 mg/3x/day/man	Martindale's 28th
Antihangover 15 mg	
Antiherpetic? 25-60 mg/day	
Antiimpotence	Martindale's 29th
Antiinfective 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinfertility 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antilepric	Martindale's 29th
Antileukonychic	
Antilymphomtic	
Antimaculitic	
Antimetastatic	
Antineuropathic	
Antinyctalopic	
Antiobesity 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antosteoporotic	
Antiperiodontic	

Antiprolactin	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 50 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiseptic 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antispare-Tire 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antistomatitic 50 mg/man/3x/day	Martindale's 28th
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnitic 60-120 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Leptogenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. <i>J. Pharm. Pharmacol.</i> 42: 657-659, 1990.
NF- $\kappa$ B-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Testosteronogenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th